

PSYCHOLOGY AND HEALTH STUDIES: REGISTRATION INFORMATION

This guide outlines key registration information for Psychology and Health Studies students, including course types, registration restrictions, departmental permissions, waitlists, overrides, and annual deadlines.

Key Terms:

Open Courses: Courses that do not require departmental permission and are not subject to Priority Registration Access. Students register in these courses according to their Individual Registration Access Date and Time, subject to availability and applicable registration requirements.

Temporarily Restricted Courses: Select 300-level Lab Courses and 400-level Seminar Courses for which Honours students may receive Priority Registration Access through the Class Permissions Request Form process. Beginning June 20, or the following business day, any remaining seats become available to all Psychology and Health Studies majors on a first-come, first-served basis. Students must meet all prerequisites and other registration requirements.

Permission-Required Research Courses: Research courses that always require departmental permission for registration. PSY 472.6 and PSY 473.6 are available only to Psychology Honours students, while HLST 410.6 is available only to Health Studies Honours students. PSY 482.3 [PENDING APPROVAL] is normally available only to eligible non-Honours students in four-year B.A., B.Sc., and B.A.&Sc. programs in Psychology and Health Studies who have secured a faculty research supervisor and received departmental permission through the Class Permissions Request Form process. These courses do not open for general registration.

Lab Courses: Upper-year Psychology courses emphasizing advanced research methods and the application of research skills within particular areas of psychology. Some 300-level courses are Lab Courses. Honours students receive Priority Registration Access to some Lab Courses before remaining seats are made available to all Psychology and Health Studies majors.

Seminar Courses: Upper-year Psychology courses that provide advanced, focused study of particular areas of psychology, typically through smaller classes and greater emphasis on discussion, reading, analysis, and student participation. Some 400-level courses are Seminar Courses. Honours students receive Priority Registration Access to some Seminar Courses before remaining seats are made available to all Psychology and Health Studies majors.

Class Permissions Request Form: Students must complete and submit this form to request Priority Registration Access to Temporarily Restricted Courses or departmental permission to enrol in Permission-Required Research Courses. This form can be found in the “Forms, Guides, and Resources” area of the Department website.

Priority Registration Access: Departmental authorization allowing Honours students to register in Temporarily Restricted Courses for which they have received permission before those courses open to all Psychology and Health Studies majors. Students may begin registering only once their Individual Registration Access Date and Time have arrived. Priority Registration Access ends when temporary restrictions are removed on June 20, or the following business day.

Individual Registration Access Date and Time: The date and time at which a student may begin registering for classes. This date and time are assigned by the University and can be viewed in PAWS beginning in mid-May: PAWS → Registration and Classes → Register for Classes → View Your Status.

Background

In 2026, the Department of Psychology and Health Studies implemented and proposed curriculum and registration changes to enhance access to research experiences and 300- and 400-level courses for students in all degree streams.

These initiatives include:

1) Proposal of a Research Internship Course:

If approved, PSY 482.3 will provide non-Honours students pursuing four-year B.A., B.Sc., and B.A.&Sc. degrees in Psychology and Health Studies with an opportunity to gain hands-on research experience by working with a faculty supervisor on an active, ongoing research project. Students will participate in authentic research activities while developing practical research experience and transferable, career-relevant skills in areas such as research, critical thinking, communication, collaboration, and project work. The course is intended to expand access to meaningful research experiences beyond the Honours Program and to give more Psychology and Health Studies students opportunities to develop skills applicable across a wide range of careers.

Like the Honours Research Courses (PSY 472.6, PSY 473.6, HLST 410.6), PSY 482.3 is planned to be a *Permission-Required Research Course*.

To be eligible for PSY 482.3, students will need to:

- be registered in an eligible four-year B.A., B.Sc., or B.A.&Sc. program in Psychology or Health Studies;
- have a Major Average of at least 70% and a Cumulative Weighted Average of at least 70%;
- secure an eligible faculty research supervisor; and
- receive departmental permission through the Class Permissions Request Form process.

Students will need to name the faculty research supervisor in the Class Permissions Request Form (due May 25 annually) and confirm the individual has agreed to supervise the project before the student will be permitted to register in PSY 482.3. Because students must secure a supervisor before registering, internship opportunities are limited by supervisor availability.

Students will be permitted to complete PSY 482.3 only once, even if additional projects or supervisors are available. Students enrolled in an Honours Program will not normally be eligible for PSY 482.3.

NOTE THAT THIS COURSE IS AWAITING APPROVAL AND NOT CURRENTLY OFFERED.

2) Development of 300-Level C Courses:

Access to 300-level courses had become difficult because of high student demand and limited course offerings. To ensure all students can proceed through their degrees in a timely manner, a new group of courses was added at the 300-level (PSY 362.3, PSY 375.3, and PSY 376.3). These courses are Open Courses designed to provide additional upper-year course options for students who are not enrolled in an Honours program.

For non-Honours students following the 2025–2026 or a later program calendar, these courses count toward degree requirements in the same way as other 300-level A and B PSY courses.

Students following earlier program calendars should consult an Academic Advisor about how 300-level C courses would count toward their degree requirements and whether changing program calendars would be appropriate.

Students with questions should consult an Academic Advisor through the Undergraduate Student Office: <https://students.usask.ca/academics/advisors.php>

3) Development of Additional 400-Level Courses

To facilitate timely degree progression, additional courses have also been developed at the 400-level (e.g., PSY 411.3 and PSY 436.3). These are Open Courses and are available to all Psychology and Health Studies majors beginning on their Individual Registration Access Date and Time.

4) Placing Temporary Registration Restrictions on Certain 300- and 400-level Courses:

As of 2026, select 300- and 400-level Psychology courses are designated as Temporarily Restricted Courses. During the initial registration period, only Honours students in Psychology and Health Studies who have received Priority Registration Access may register in these classes.

Last updated October 16, 2026

Current List of Temporarily Restricted Courses:

300-Level Lab Courses	400-Level Seminar Courses
PSY 315.3, PSY 316.3, PSY 317.3, PSY 318.3, PSY 323.3, PSY 324.3, PSY 325.3, PSY 326.3, PSY 347.3, PSY 348.3, PSY 355.3, PSY 356.3	PSY 418.3, PSY 426.3, PSY 448.3, PSY 456.3, PSY 461.3

These restrictions are **temporary** and will be removed on June 20, or the following business day. Once restrictions are removed from these classes, all remaining seats become available to all Psychology and Health Studies majors on a first-come, first-served basis.

Timeline of Key Registration Events: Department of Psychology and Health Studies

Event:	Relevant to:	Notes:	Annual Deadline:
1) Submission of Class Permissions Request Form	Honours students Eligible Psychology and Health Studies students seeking permission to enrol in PSY 482.3 [PENDING APPROVAL]	Students submit their Class Permissions Request Forms.	May 25 by 11:59 p.m. Saskatchewan time
2) Class Permissions Decisions Communicated to Students	Honours students	Students will receive an email from the Department identifying the Temporarily Restricted Courses for which they have received Priority Registration Access and, where applicable, confirming departmental permission to enrol in PSY 472.6, PSY 473.6, or HLST 410.6.	By June 4 or the following business day
	Eligible Psychology and Health Studies students seeking permission to enrol in PSY 482.3 [PENDING APPROVAL]	Students will receive an email from the Department indicating whether they have received departmental permission to enrol in PSY 482.3. [COURSE PENDING APPROVAL]	
3) Registration	Psychology and Health Studies majors	On their Individual Registration Access Date and Time, students register in classes for the upcoming academic year.	Varies. Beginning in mid-May, log into PAWS and view your Individual Registration Access Date and Time. PAWS → Registration and Classes → Register for Classes → View Your Status
4) Registration in Temporarily Restricted Courses Opens to All Psychology and Health Studies Majors	Psychology and Health Studies majors	Temporary restrictions are removed, and any remaining seats in Temporarily Restricted Courses become available to all Psychology and Health Studies majors on a first-come, first-served basis.	Starting June 20, or the following business day.

Registration Tips

A few simple steps can help make the registration process go smoothly.

- Review your degree requirements and meet with an Academic Advisor through the Undergraduate Student Office (UGSO) well before registration if you have questions.
- Register as soon as possible after your Individual Registration Access Date and Time to maximize your course options.
- If you are not in an Honours Program, consider taking 300-level C courses (PSY 362.3, PSY 375.3, and PSY 376.3). These Open Courses are available to all Psychology and Health Studies majors beginning on their Individual Registration Access Date and Time and are designed to provide additional upper-year course options for non-Honours students.
- Have some alternative courses in mind. Upper-year Psychology classes can fill quickly—be prepared to pivot.

Additional Information: Waitlists, Overrides, and Registration Errors

1) Waitlists

Once a Temporarily Restricted Course has opened to all Psychology and Health Studies majors (temporary enrolment restrictions have been removed), students may add themselves to a waitlist if the class is full and a waitlist is available.

Students are responsible for joining the waitlist themselves. Please do not contact the Department Office, Undergraduate Chair, or Department Head to request placement on a waitlist, as departmental staff and faculty cannot add students to waitlists.

2) Overrides

Class-size overrides are generally not approved simply because a course is full. Students should join the waitlist where one is available.

An exception may be considered where a student needs the specific course in order to graduate in the current academic year, and no reasonable alternative is available.

Override requests are initially reviewed by the Department Office Coordinator and, where appropriate, referred to the Undergraduate Student Office (UGSO) to confirm degree requirements and need. Requests requiring an academic decision are then referred to the Undergraduate Chair and/or course instructor, as appropriate.

Students should begin the process by contacting the Department Office. Students should not contact instructors directly for an override, as these will not be approved.

3) Registration Errors

If PAWS will not allow you to register in a class and you believe you meet the prerequisites, registration requirements, and any required departmental permissions, please contact the Department of Psychology and Health Studies Office for assistance.

When contacting the Department, include the course number and class section, your NSID, and a screenshot or copy of the error message shown in PAWS.

Registration errors are different from full classes or requests for exceptions. If a class is full, students should use the waitlist where available. If you are requesting an exception to a registration requirement or class-size limit, please follow the Department's override process.

Questions and Support

Registration can be complicated, particularly for upper-year Psychology courses. Please review your degree requirements and this guide well in advance of the registration period.

If you need assistance, please contact the relevant office below.

Questions about departmental permissions or registration administration:

Department of Psychology and Health Studies Office Coordinator

psychology.department@usask.ca

Questions about degree requirements, graduation eligibility, or academic advising:

College of Arts and Science Undergraduate Student Office

[Academic Advising](#)

Registration matters that have not been resolved through the Department Office or Undergraduate Student Office:

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Undergraduate Chair

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