

## Safety Resources

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### Respiratory Safety Information

Safety Resources can assist with:

- ▶ Answering questions about respiratory protection;
- ▶ Choosing the right respirator;
- ▶ Procuring/Buying respirator(s); and
- ▶ Providing a fit test for your new or existing respirator(s).

When other hazard control methods are not practical or possible, respirators protect the user by filtering out harmful contaminants from the air. Other respirators protect the user by providing clean respirable air. The type and configuration of the respirator is selected based on the hazards in the workplace.

**Regardless of the type and function, all respirators must be fit-tested before use.**

### Resources

- ▶ [Respiratory Safety Program](#)
- ▶ [Respirator Inspection, Cleaning and Storage Guidelines](#)

### Fit Testing

Respiratory fit testing is **required at least once every two years** for each respirator. This includes disposable respirators (Ex. N95's).

Fit testing is provided on Wednesday's between 8:30am and 12:00pm at Room 150, Research Annex, and 105 Maintenance Road.

**Please make an appointment for fit testing** by emailing [fittest@usask.ca](mailto:fittest@usask.ca).

There is **no fee for the fit test and each fit test will take approximately 20 minutes.**

Safety Resources has a selection of typical respirators to help users determine what type and configuration will suit their needs.

Fit testing includes:

- ▶ Introduction to respiratory safety;
- ▶ Respirator selection criteria (work factors, hazards, characteristics, capabilities and limitations);
- ▶ When to use your respirator;
- ▶ Ensuring the respirator fits properly;
- ▶ Ensuring workers know how to use the respirator;
- ▶ Ensure workers can perform seal checks; and
- ▶ Ensuring users know how to inspect, maintain, and store their respirator

