Saskatoon Seniors Continued Learning Inc.

SPRING 2023 Course Offerings

UNIVERSITY OF SASKATCHEWAN
College of Arts and Science
ARTSANDSCIENCE.USASK.CA

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Saskatoon Seniors Continued Learning Inc. (SSCL), in cooperation with the College of Arts and Science, University of Saskatchewan, is offering non-credit courses to people 55 years or better who are members of SSCL.

Courses are taught IN -PERSON in classrooms, ONLINE ON ZOOM, and HYBRID (both in-person and online). All are taught by highly qualified instructors arranged by the SSCL Program Manager.

SSCL website: **sscl.usask.ca**

Courses will commence the week of March 13, 2023.

Course fees are $55.00 per course.

All registration is ONLINE.

PAYMENT IS PART OF THE REGISTRATION PROCESS-YOU WILL NOT BE CONSIDERED REGISTERED UNTIL PAYMENT IS RECEIVED.

Registration for the Fall Term will open on Monday, February 20, 2023.

See pages 2-6 for online registration information.

Registration Period: 12:00 Noon on Monday, February 20, 2023 to 5:00 pm on Friday, February 24, 2023

SSCL, Box 8695, Saskatoon, SK, S7K 6S5 • Telephone 306.343.6773 • saskatoonseniorscl@gmail.com

SASKATOON SENIORS CONTINUED LEARNING INC. REGISTRATION AND PAYMENT PROCEDURES

This page and the following four (4) pages outline the requirements for those wishing to attend 2023 Spring Term courses. By registering you are accepting these terms and conditions. Refunds are generally not provided unless the course is cancelled but may be issued under exceptional circumstances at the sole discretion of SSCL. Refund applications must be submitted to SSCL prior to the start of the first class when possible.

GENERAL REQUIREMENTS

- ***Opinions and ideas expressed by instructors are their own and may not necessarily reflect those of the SSCL.***
- **For ONLINE courses**, you must have an email address exclusively for your use in SmartRec (previously Amilia), the third-party registration system used by SSCL, so you can be sent your Zoom log-in information.
- **The course registration fee** for each ON-CAMPUS OR ONLINE course is $55 (or $55 per device connected to the online course}. Each person who wishes to participate using their individual device must register separately. Two people who reside in the same residential household may choose to share a single device in which case only one person need register.
- For ONLINE courses, only one connection to a course will be permitted per email address. You must not share your log-in information with others.
- Members wishing to attend a course and who have previously elected to share the same email address on SmartRec should update their SmartRec profile with an email address that is exclusively for their use. Doing this will allow them to receive the log-in information to the course.
- SSCL's **ONLINE courses** will be made available through Zoom technology. **There are no enrolment (class size) limits for Online courses or for the Online component of Hybrid courses.**
- SSCL offers on-campus in-classroom courses in the 2023 Spring Term in Room 202 Arts Building. **The enrolment (class size) limit for Room 202 Arts Building is 64.**

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GENERAL REQUIREMENTS (CONTINUED)

- For ONLINE COURSES, you must have a suitable Internet connection, and access to a desktop or laptop computer, or other communication device such as a tablet or iPad, or a smart phone that is compatible with Zoom. If you have not used Zoom, you should review Zoom compatibility requirements and test your computer or other device before the meeting. Reference https://support.zoom.us/hc/en-us.
- If you are travelling and wish to join an ONLINE CLASS from elsewhere in Canada or outside the country, it is your responsibility to ensure that this will be possible.
- SSCL is not responsible for the performance of your internet connection and your computing device; related connectivity, audio quality, and video quality issues must be addressed by you and will not warrant the refund of the course fee.
- **Payments can be made by credit card or cheque in the same way as normal online purchases. A credit card payment is processed through SmartRec at the same time as the registration is made. This is not the case for e-Transfer or cheque.**
- Course payment options include e-Transfer. If you elect to use e-Transfer, you will make your payment through your financial institution's online banking application. **When paying by e-Transfer or cheque you should therefore choose the Offline payment option in SmartRec to indicate your intention to forward the payment to SSCL immediately after exiting the SmartRec site.**
- Please direct your e-Transfer payment to SSCL using our email address saskatoonseniorscl@gmail.com. ***If the name on the e-transfer is different from the SSCL member name(s) that the e-transfer payment is for, please include the member name(s) in the memo/message box so the payment can be properly applied to the SSCL member(s).***

REGISTRATION PROCESS FOR 2023 SPRING TERM COURSES

- **To be eligible to register for an SSCL course, you must have a current membership**. If you do not have a current membership, your SSCL membership fee will be added to your invoice when you register for the course.
- **All registration is ONLINE through a third-party registration system, SmartRec (formerly called "Amilia")**. You will access SSCL's "store" on SmartRec through the "online registration" link on SSCL's website at the University of Saskatchewan, **sscl.usask.ca**. Course information will be available on the SSCL website and on SmartRec.

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REGISTRATION PROCESS FOR 2023 SPRING TERM COURSES (CONTINUED)

- **If you have never registered for an SSCL course before**, you will need to set up a SmartRec account. Contact SSCL at saskatoonseniorscl@gmail.com or at 306-343-6773 for assistance (if required) in doing this.
- **If you have used Amilia before to register for a class**, you have an Amilia account, and you do not need to create a new account in SmartRec. Your account was automatically transferred to the new SmartRec format.
- Before registering, you should carefully review this 2023 Spring Term Brochure including the terms and conditions under which SSCL offers this online course.
- Registration will open at 12:00 Noon on Monday, February 20, 2023.
- Registration will close on Friday, February 24, 2023, at 5:00 pm. **No registrations will be accepted after 5:00 pm on Friday, February 24, 2023.**
- **After you have successfully registered, SmartRec will send you a confirmation email.**
- **If you do not receive that confirmation email,** you can check that your registration has been accepted by looking at My Calendar and Upcoming Activities on your SmartRec account Home Page. If this doesn't show that you are registered please **contact** SSCL at saskatoonseniorscl@gmail.com or by phone at 1-306-343-6773. In any case, your registration remains tentative until payment is received.
- For **ONLINE COURSES ONLY**, following your registration on SmartRec, you will be required to enroll in the Zoom "classroom". You will be sent an email with instructions. It is imperative that you enroll using the same name and email address that you used when registering through SmartRec. This will allow SSCL to verify you as a participant when you are connected to the course.
- Once enrolled in a course, you will receive a link unique to you which you should retain for your use to join the class each week.
- By registering for a course you are accepting all the terms and conditions described in the brochure. If you have not yet reviewed the brochure then you have ample time to do so before registration closes February 24.
- The login information for online courses is to be kept confidential and is not to be provided to others for them to access the course. If persons other than those who are registered for a course sign in or attempt to sign in on your account, they will be barred from the course, and you may lose your attendance privileges.

REGISTRATION PROCESS FOR 2023 SPRING TERM COURSES (CONTINUED)

- For **ONLINE COURSES**, you should login to the course well before the scheduled start time to confirm connectivity and facilitate timely admission to the course. You will be placed into a Zoom Waiting Room pending confirmation of your identity. Only valid participants will be admitted to the course.
- Questions should be directed to saskatoonseniorscl@gmail.com or 1-306-343-6773.

IN-PERSON COURSES, HYBRID COURSES, ONLINE ONLY COURSES

In the 2023 Spring Term, SSCL will be offering nine courses offered in different modes: In-Person,, Hybrid, and Online Only.

In-Person Courses are offered **only on campus in Room 202 Arts Building**. Registration for these courses is limited to 64, so "first come; first served".

The following courses are offered **only In-Person**:

- **Course 3: A Passionate Look at Percussion Instruments and Their History**
- **Course 5: Greek Historians**

Hybrid Courses are offered **both on campus and online**. The on-campus mode is offered in Room 202 Arts Building and the online mode is offered through ZOOM.

When you register for a Hybrid Course, you are registering for one mode of the course only.
MAKE CERTAIN that you specify which mode you select. If you select on-campus and you intend to take the course online, you will not be able to do so; likewise, if you select online and you intend to take the course on-campus, you will not be able to do so.
The following courses are offered **in Hybrid mode**:

- **Course 1: Living in a Secular Age: Exploring Religion Today**
- **Course 2: Stalin, 1941-1953: From Debacle to Dubious Dominance**
- **Course 4: What Is Islam?**
- **Course 7: The Psychology of Dying, Grief and Bereavement.**

IN-PERSON COURSES, HYBRID COURSES, ONLINE ONLY COURSES (CONTINUED)

For hybrid online participants:

The hybrid experience is not an exact duplication of either the in-person or online class format.

The online course participants will not be able to ask questions verbally but will need to type into the Q&A feature.

At times, online participants may not see the instructor if he or she moves out of the view of the camera but will still be able to hear them.

At times, online participants may not see the writing on the blackboard depending on the lighting.

The sound quality for hybrid online participants may not be as sharp as it would be for an online only course.

The video camera in the room will be capturing the front of the classroom including the presenter, blackboard, and screen.

If the presenter is using the Screen Share the classroom view might be very small, depending on the online participant's computer set-up. If the online participant has two computer screens, they will be able to switch from PowerPoint to the presenter and back as they prefer.

For hybrid in-person participants:

In-person clients need to be aware that the presenter can zoom the classroom camera in or out. The view may include the class attendees in the first couple of rows. If someone does not want to be part of the view, they will need to sit in the back of the room.

Online Only Courses are offered **only online. There is no registration limit for online courses.**

The following courses are offered **only online**:

- **Course 6: The Psychology of Living a Good Life**
- **Course 8: From Paper Money to Posters: Printmaking – The Techniques and History of a Visual and Information Revolution.**

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COURSE 1a— LIVING IN A SECULAR AGE: EXPLORING RELIGION TODAY

RELIGIOUS STUDIES

Why was it impossible not to believe in God in 1500 while today belief in God is one option among many and, for a growing number of people, not the default option? With this question, Charles Taylor begins his magisterial study of the place of religion in contemporary society, *A Secular Age* (2007).

In this class we will follow Taylor to investigate how we have come to inhabit a secular age. We will ask: what does secularity have to do with the rise of modern science? Were human beings destined to shrug off their religious trappings? Is secularity implicit within the history of Christianity itself? What does it mean to 'believe' or 'disbelieve' in an age of religious pluralism?

Participants are welcome to read along in Taylor's book but the presentations will be entirely accessible to those with no knowledge of Taylor's work.

Instructor:	**Dr. Darren Dahl, B.A., M.A., M. Div, PhD Religious Studies, Assistant Professor of Philosophy, Briercrest College**
Dates:	**Mondays, March 13, 2023, to May 1, 2023**
Time:	**9:30–11:30 am**
Place:	**202 Arts Building**
Class Size:	**64**

ALSO OFFERED ON ZOOM AS COURSE 1b THROUGH SSCL ONLINE

ONLINE CLASS SIZE: NO LIMIT

COURSE 2a — STALIN, PART IV: 1941-1953: FROM DEBACLE TO DUBIOUS DOMINANCE

HISTORY

This course will begin with the enormity of the devastation that engulfed Russia with the Nazi advance on Moscow in the latter part of 1941, before turning to how Stalin first reversed the military peril at Moscow, then Stalingrad, then Kursk, before doing the same diplomatically at Tehran, Yalta and Potsdam.

The course will then look to explain how Stalin, at the pinnacle of his power in 1945, as the head of both a massive military, and the entire Soviet Bloc of conquered and Communized countries, not only misread the resolve of the United States, but then underestimated the resistance of his erstwhile allies at home, who refused to return to the time of the purges.

Instructor: **Dr. Clay Burlingham,** B.A., M.A., PhD, Sessional Instructor, Department of History, University of Saskatchewan

Dates: **Mondays, March 13, 2023, to May 1, 2023**

Time: **1:30–3:30 pm**

Place: **202 Arts Building**

Class Size: **64**

ALSO OFFERED ON ZOOM AS COURSE 2b THROUGH SSCL ONLINE

ONLINE CLASS SIZE: NO LIMIT

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COURSE 3 - A PASSIONATE LOOK AT PERCUSSION INSTRUMENTS AND THEIR HISTORY

MUSIC

From the banging and scraping of rocks in prehistoric times, to the refined craft of the modern orchestral percussionist, humans have been making music on percussion instruments throughout recorded history.

This course will trace the history of the percussion instruments from some of their earliest known origins, giving specific attention to the development of orchestral percussion instruments.

We will see how composers were inspired by the vibrant sounds and colours of the percussion instruments, and listen to performances by some of the world's finest musicians.

This history will come to life with live demonstrations and opportunities to see and sample the instruments brought to class.

Instructor: **Darrel Bueckert**, Applied Percussion Instructor and Sessional Lecturer, Department of Music, University of Saskatchewan

Dates: **Tuesdays, March 14, 2023, to May 2, 2023**

Time: **9:30–11:30 am**

Place: **202 Arts Building ONLY**

Class Size: **64**

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COURSE 4a – WHAT IS ISLAM?

HISTORY, SOCIOLOGY, RELIGION

This course provides factual evidence for participants with little or no prior knowledge of Islam and Muslims, thus enabling them to form their own educated opinion on the religion and its people. Throughout the course, we will explore the varying interpretations of Islam's foundational ideas by its followers and present them in a balanced interpretation based on their historical conditions. Views of non-Sunni communities such as the Twelver Shi'is and the Isma'ilis are included to show the diversities within the Islamic tradition.

In so doing, we will avoid broad generalizations about Muslim beliefs and practices and postulate or construct the trans-historical and immutable essence of the Islamic religion. We will include controversial and emotionally charged topics, such as the status of women in Islam, the often-negative portrayal of the Prophet Muhammad in Western media, the Crusades, the impacts of European colonialism, Islamic political movements, the possibility and viability of so-called "liberal Islam," and the current debates on state-building in the Middle East.

Instructor: **Dr. Fachrizal Halim,** B.A., M.A., M.A., PhD Islamic Studies, Sessional Instructor, St. Thomas More College, University of Saskatchewan

Dates: **Tuesdays, March 14, 2023, to May 2, 2023**

Time: **1:30–3:30 pm**

Place: **202 Arts Building**

Class Size: **64**

ALSO OFFERED ON ZOOM AS COURSE 4b THROUGH SSCL ONLINE

ONLINE CLASS SIZE: NO LIMIT

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COURSE 5 – THE PSYCHOLOGY OF LIVING A GOOD LIFE

PSYCHOLOGY

Everyone wants to be happy, but what does psychology say about living a good life?

This course will explore the theory and research surrounding the idea of a good life, including topics such as stress and coping, positive psychology, suffering, wisdom, human thriving and resilience, valued living, virtues, culture, and happiness.

This course will include lectures as well as experiential learning activities, and will provide concrete suggestion for how learners can incorporate psychological knowledge into their own daily lives.

Instructor: **Dr. Jorden Cummings,** PhD Clinical Psychology, Professor of Psychology, University of Saskatchewan

Dates: **Wednesdays, March 15, 2023, to May 3, 2023**

Time: **9:30–11:30 am**

Place: **ONLINE ONLY**

Class Size: **NO LIMIT**

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COURSE 6a – GRIEF AND MOURNING AS WE AGE

PSYCHOLOGY

Have you ever heard of a "death café"? this course will not only introduce you to this concept but will also focus on the psychological issues relevant to dealing with dying and the death of loved ones.

Topics will include societal attitudes to dying and death, cultural differences in dying and death rituals, coping with dying, handling loss and grief, memorialization and funerals, medical assistance in dying, suicide, and life-threatening behavior.

The underlying philosophy for this class comes from the Statements on Death, Dying, and Bereavement (1994) of the International Work Group on Death, Dying and Bereavement, that stated: "Death, dying and bereavement are fundamental and pervasive aspects of the human experience. Individuals and societies can only achieve fullness of living by understanding and appreciating these realities.

The absence of such understanding and appreciation may result in unnecessary suffering, loss of dignity, alienation and diminished quality of living. Therefore, education about death, dying and bereavement is an essential component of the educational process at all levels, both formal and informal."

Topics will be introduced always with time for group discussion, in the understanding that while the instructor knows theories and research, the students are the real experts and their knowledge is valued. Discussion of the topics is vital to learning.

(Course 6 continued on next page)

Course 6 – Continued

The schedule of classes is:

Week 1	Theories of Loss	Lecture & Discussion
Week 2	Kubler-Ross's Impact	Lecture & Discussion
Week 3	Practical Issues in Dealing with Grief	Video & Discussion
Week 4	Funerals and Aftercare	Video, Lecture & Discussion
Week 5	Disenfranchised Grief	Lecture & Talk with a Funeral Director
Week 6	Children's Grief	Video, Lecture & Discussion
Week 7	Suicide – Causes & Prevention	Lecture & Discussion
Week 8	Medical Assistance in Dying (MAID)	Lecture & Discussion

Instructor: **Dr. Brian Chartier,** PhD, Retired Associate Professor of Psychology, ST. Thomas More College.

Dates: **Wednesdays, March 15, 2023, to May 3, 2023**

Time: **1:30–3:30 pm**

Place: **202 Arts Building**

Class Size: **64**

ALSO OFFERED ON ZOOM AS COURSE 6b THROUGH SSCL ONLINE

ONLINE CLASS SIZE: NO LIMIT

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COURSE 7 – GREEK HISTORIANS

CLASSICS

History began with the Greeks. Or at least, the Western tradition of the writing of history began with them; after all, it was the Greeks who gave us the term "history" - literally meaning "inquiries". In the original Greek, it served as the title of Herodotus' account of the Persian Wars, a work which earned him the nickname "the Father of History". But not everyone agreed with Herodotus' approach. Most strikingly, his immediate successor, Thucydides emphatically rejected his methodology and proposed an alternative in its place. Nor did the debate end there - historians throughout the Classical era regularly proposed alternative viewpoints regarding the best approach to writing history, building upon or rejecting their predecessors' methodologies.

We will trace the development of historical writing in the ancient world, exploring the many different approaches that were employed by Greek historians. We'll examine not only the methodologies employed by individual authors, but also the connections between them - both in terms of how they borrowed from their predecessors' approaches and how they rebelled against them. By analyzing Greek historical writings, we'll have the opportunity to explore questions about the purpose of history more broadly, including about how we practice it today.

Instructor: **Dr. Kyle McLeister,** B.A., M.A., PhD, Lecturer Without Term in History and Political Studies, University of Saskatchewan

Dates: **Thursdays, March 16, 2023, to May 4, 2023**

Time: **9:30–11:30 am**

Place: **202 Arts Building ONLY**

Class Size: **64**

COURSE 8 - FROM PAPER MONEY TO POSTERS: PRINTMAKING – THE TECHNIQUES AND HISTORY OF A VISUAL AND INFORMATION REVOLUTION

ART HISTORY

Printmaking has been the heart of information and imagery dissemination ever since it was introduced, yet too often current understanding of the history of printmaking and the techniques used have been degraded by the limited education of viewers to the varied techniques that exist under the umbrella term of 'printmaking'.

Printmaking as a medium has been used for printing both text and images, and through this, brought about an information revolution through the ease of dissemination of ideas.

Printmaking techniques allowed for greater ease for the creation and stabilization of paper money, establishment and installation of political systems and regimes though visual and social pressure as well printmaking was responsible for standardization of various vernacular languages. Historically visual printmaking held a prominent position amongst the other 'high arts', but this position as a visual medium was to a certain extent lost with the advent of photography.

The goal of this course is to better understand the techniques used for the creation of printed material, the purposes for which printed material has been used by looking at historical context, and the production of and dissemination of printed materials and the intertwined relationship between text and image that have been used both together and separately to inform and reflect the societies in which they were used.

Instructor: **Dr. Sandra Herron, Professor of Art History, University of Saskatchewan**

Dates: **Fridays, March 17, 2023, to May 12, 2023**

- **THERE WILL BE NO CLASS ON GOOD FRIDAY, APRIL 7.**

Time: **9:30–11:30 am**

Place: **ONLINE ONLY**

Class Size: **NO LIMIT**