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- Saskatoon Seniors Continued Learning Inc. (SSCL), in cooperation with the College of Arts and Science, University of Saskatchewan, is offering non-credit courses to people 55 years or better who are members of SSCL.
- Courses are held on the University of Saskatchewan campus and are taught by highly qualified instructors arranged by the SSCL Program Manager.
- SSCL website: [sscl.usask.ca](http://sscl.usask.ca)

- Courses will commence the week of January 6, 2020.
- Course fees are $55.00 per course.
- All registration is ONLINE.
- PAYMENT IS PART OF THE REGISTRATION PROCESS—YOU WILL NOT BE CONSIDERED REGISTERED UNTIL PAYMENT IS RECEIVED.
- Registration for the Winter Term will open on November 25, 2019 at 12:05 pm
- See next page for online registration information.

**Registration Period:** November 25, 2019, 12:05 pm to December 3, 2019, 5:00 pm

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SSCL, Box 8695, Saskatoon, SK, S7K 6S5 • Telephone 306.343.6773 • saskatoonseniorscl@gmail.com
Important Registration Information

Please read this section carefully before submitting your application.

The following factors might impact the accessibility of courses:

A. Classroom availability and seating capacity.
B. Number of courses offered.
C. Course fees are $55.00 per course
D. Membership fees are $5.00 per year, from July 1, 2019 to June 30, 2020.

ONLINE REGISTRATION PROCEDURES

1. All registration is ONLINE through Amilia’s registration system. You will access SSCL’s store on Amilia through the “online registration” link on SSCL’s website at the University of Saskatchewan, sscl.usask.ca. Course information will be available on the SSCL website and on Amilia by November 12, but registration will not be available until Monday, November 25, 2019, at 12:05 pm.

2. To save time on registration day, you may open an Amilia account any time prior to registration day. Your membership fee to SSCL will be charged to you when you register for your first course.

3. When registering on Amilia, you will see the number of seats available in courses. You will know immediately if you have successfully registered in your chosen course. If your first choice is full, you may choose another course. An option to put your name on a “waiting list” will be available if your preferred class is full. The waiting list is not a guarantee of registration, but only an expression of interest.

4. You may be concerned about your ability to register online and that you do not have access to help from family or friends. Assistance in navigating the registration process to those members who need help will be available at the Frances Morrison Library computer lab on Monday, November 25th. Assistance starts at 12:05 pm and concludes at 1:30 pm. This assistance does not guarantee that you will be successful in registering for the course(s) that you have chosen, but only helps you with the registration process.

5. Payment is part of the registration procedure. On-line payment options include Visa and Mastercard as well as pre-loaded cash cards. If you do not wish to pay with a credit card, you may register on-line then select the option “pay off-line” and mail in a cheque ON THE DAY THAT YOU REGISTER for the appropriate amount. If your cheque is not received within 5 days of your date of registration, your name may be removed from the registered class list, opening a space for someone else to register in that class.

6. Courses are limited to the numbers stated in the course description and will be cancelled if enrolment is insufficient. There will be NO REFUNDS after you have registered in a class unless the class is cancelled by SSCL.
Course 1—From the Mycenaeans to Macedon: Greek History from the Bronze Age to the End of the Classical Era

Greek History

The fall of Troy. The trial of Socrates. The heroic last stand of the 300 Spartans against the invading Persian army at Thermopylae. Greek history provides numerous memorable events that continue to capture our attention more than two thousand years later.

But of course, there’s more to Greece than just epic scenes - the ancient Greeks passed down to us some of our most cherished ideals, from the need for liberty to the importance of democracy.

In this course we’ll trace the history of ancient Greece and examine how a collection of small, fractious city-states came to develop these ideals, starting with their earliest forms in the Archaic Period, and reaching their fullest extent during the Classical period, when they helped the Greeks to successfully fend off two massive Persian invasions, only to help pave the way for the even more destructive Peloponnesian War, which pitted Athens against Sparta for control over Greece.

Finally, we’ll see how the Greeks, after being led by their cherished ideals back into old patterns of endless, inconclusive wars against one another, failed to unite against the Macedonians, ultimately leading to the loss of their freedom at the hands of Philip II.

Enrolment Limit: 64

Instructor: Dr. Kyle McLeister, B.A., M.A., PhD, Sessional Instructor, Department of History, University of Saskatchewan

Dates: Mondays, January 6, 2020 to March 2, 2020

NOTE: THERE WILL BE NO CLASSES on MONDAY, FEBRUARY 17TH

Time: 9:30–11:30 am

Place: Room 202 Arts Bldg., University of Saskatchewan
Course 2 – Artists Who Write: Exploring Novels and Essays By Prominent Modernist Figures Known For Both Their Artwork and Their Writing

Interdisciplinary Arts: Visual Art And Literature

This course will cover materials written by prominent modern figures who are known for producing famous works of art as well as respected prose or criticism. There will be texts by Kandinsky, Giorgio de Chirico, Eva Hesse, Yves Klein, Roger Fry and others, spanning the fantastic to the mundane and putting forth sometimes reasoned, sometimes fevered arguments about aesthetics, politics, and ways to live well from the perspective of a practicing artist.

Hear from artists first-hand about their process, their experience of producing work, and their thoughts and desires for how they want their work to be received. Each session will feature presentation of the artist’s work and life as well as discussion of the provided readings.

Enrolment Limit: 64

Instructor: Rebecca La Marre, B.F.A., M.F.A., Editor and Publications Coordinator at Remai Modern

Dates: Mondays, January 6, 2020 to March 2, 2020

NOTE: THERE WILL BE NO CLASSES on MONDAY, FEBRUARY 17TH

Time: 1:30–3:30 pm

Place: Room 202 Arts Bldg., University of Saskatchewan
Course 3 — War in the Early Modern European World

European History

This course examines the practice and consequences of military and naval conflict in Europe and its global empires between the medieval and modern eras (c. 1450-1750).

A key objective of the course is that students come to understand how the pursuit of war in Europe during the early modern period had profound consequences for ordinary people across the globe.

Suitable for war-buffs, peaceniks, and everyone interested in war as a complex force for change across history.

Enrolment Limit: 64

Instructor: Dr. Matt Neufeld, B.A., M.A., PhD, FRHistS, Associate Professor, Department of History, University of Saskatchewan

Dates: Tuesdays, January 7 to February 25, 2020

Time: 9:30–11:30 am

Place: Room 202 Arts Bldg., University of Saskatchewan
Course 4 – Anthropology Matters: Stories of Place and Culture

Anthropology

What do you think of when you hear the word Anthropology? Perhaps you muster up an exotic image of the rogue explorer, hacking their way through the Amazonian Jungle? Or, maybe you picture Indiana Jones collecting dusty relics from an ancient time? If this is the case, you are correct! Anthropology studies humans and their culture, throughout time and space. This class will examine different facets of culture by studying examples of how race, class, and gender can teach us about the world.

Each student should leave this class having a better understanding about how anthropology works and having learned more about critical thinking, group discussion, and – most importantly – having had lots of fun:

Class 1 - Doing fieldwork in Sociocultural Anthropology. Learning how anthropologists collect data, build rapport, and what they might experience while working in the field. Field work, ethnography, methodology, etic and emic perspectives, stories from the field.

Class 2 - Constructing Realities. Exploring the role that myth, ritual, and religion plays in the shaping of culture. Religion, ritual, magic, and symbolism.

Class 3 - Constructing Identities. Examining how people use education, gender, and various systems of exchange to shape their cultural identity. Gender, sexuality, identity markers, and education.

Class 4 - The Anthropology of Performance. Exposure to different types of performance art, and study how artistic expression can explain how cultures view the world. Drama, art, comedy, performance, and artistic expression.

Class 5 - Constructing Hierarchies. Analyzing social stratification and how cultures create social organization. Caste, inequality, political organization, control, race, and racism.

Class 6 - Resolving Conflict. Thinking critically about how and why cultures across time and space employ both violent and peaceful conflict resolutions. Resource Distribution, Violence, Refugees, and Diaspora.

Class 7 - Anthropology of Tourism. Exploring various commodity systems and how travel impacts economies for worse or for better. Tourism, Indigenous tourism, capitalism, and ecology.

Class 8 - Forensic Anthropology. Navigating the use of anthropological methodology in legislature and law systems. Law, crime, human remains, legislature, and resolution.

Enrolment Limit: 64

Instructor: Marley Duckett, B.A., M.A., Teaching Fellow For The Archaeology And Anthropology Department At The University Of Saskatchewan

Dates: Tuesdays, January 7, 2020 to February 25, 2020

Time: 1:30–3:30 pm

Place: Room 202 Arts Bldg., University of Saskatchewan
Course 5 – Literature of Colonialism: From William Shakespeare to Joseph Conrad to Tomson Highway to Tom King to Ursula LeGuin

Literature

This course will look at Conrad’s *Heart of Darkness*, with its focus on rapacious and deadly colonialism in the Congo (available on-line), then go to Shakespeare’s *The Tempest* (also available on-line) and look at the character Caliban and how his island is taken from him by white shipwreck survivors who feel they have a right to the island.

Then the course will take the colonialism theme straight to Canada and its conflicted history with First Nations people. Here, attention will turn to *Dry Lips Oughta Move to Kapuskasing*, by Tomson Highway, and *Medicine River*, by Tom King, both readily available in libraries throughout the city. In these and in all examples the instructor will tell the stories and highlight certain sections rather than require the books be read.

The course will include the short story *The Ones Who Walk Away from Omelas*, by Ursula K. LeGuin, available on-line, and short and easily read. It’s a searing portrayal of what societies make others pay for their ease or comfort.

Enrolment Limit: 64

Instructor: William Robertson, B.A., M.A., Poet, University English Instructor, Freelance Writer, Reviewer, and Broadcaster

Dates: Wednesdays, January 8, 2020 to February 26, 2020

Time: 9:30–11:30 am

Place: Room 202 Arts Bldg., University of Saskatchewan
Course 6 — Buddhism, Meditation, Psychology, Neuroscience

Psychology/Neuroscience

Buddhism has been described as a system of psychology offering a sophisticated analysis of the human mind, cognition, and social behaviour.
There is a growing interest among today’s psychologists in the Buddhist perspective of mental processing, consciousness, concepts of the self, and mindfulness training.
This course will explore the similarities and differences between Buddhism and modern Western psychology, how Buddhist perspectives can inform modern psychology, what neuroscience has revealed about how meditation changes the brain, and how Buddhist meditation has been incorporated in psychotherapy.

The objectives of this course include:
• Introduce the basic concepts and history of Buddhism
• Demonstrate the insight of Buddhist thought on the mind and human interaction
• Discuss how Buddhist psychology anticipates many ideas and concepts accepted in modern Psychology
• Discuss how Buddhist meditation and mindfulness training is being implemented in psychotherapy
• Discuss the findings of neuroscience research about how meditation changes the function and structure of the brain.

Enrolment Limit: 64

Instructor: Dr. Steven Prime, PhD, Cognitive Neuroscientist And Assistant Professor In The Department Of Psychology.

Dates: Wednesdays, January 8, 2020 to February 26, 2020

Time: 1:30–3:30 pm

Place: Room 202 Arts Bldg., University of Saskatchewan
Course 7 – Ideology and Politics In the Atlantic Triangle: How Ideology Is Shaping Politics In Canada, The United States, And Great Britain

Political Studies

The nations of the Atlantic Triangle (Canada, Britain and the United States) are experiencing a period of political flux.

Traditional parties are changing, traditional beliefs are being replaced by new ideas, traditional alliances are fracturing. It is, in short, a wonderful time to be talking about politics!

This course will explore how and why ideologies are driving these changes. Each week we'll examine a different ideology and how it is impacting politics in Canada, the United States, and Great Britain.

Just like the political situation, this course is also in flux as we'll be discussing currents along the way. I'm looking forward to some great discussions!

Topics:

1. Cracks in the Hegemony of Liberalism
2. The Rise of Populism
3. Conservatism in Retreat
4. Intersectionality and the Left
5. The New Socialists
6. The Challenge of the Technocrats
7. The Odd Appeal of Neo-Liberalism
8. Future Paths

Enrolment Limit: 64

Instructor: Dr. Jason Zorbas, B.A., M.A., PhD

Dates: Fridays, January 10, 2020 to February 28, 2020

Time: 9:30–11:30 am

Place: Room 202 Arts Bldg., University of Saskatchewan
Course 8—History of India Part II: Medieval India – Culture and Traditions

Indian History

The period between the ancient and the modern periods, from the Eighth Century A. D. to Eighteenth Century A. D. in Indian history, is known as the medieval period. During this time, many changes took place in Indian society that influenced the political and economic aspect, social laws, religion, language, art – in short, almost everything. The coming of the British in the eighteenth century also saw many changes, and we refer to this century as the closing of the medieval period.

The medieval period is important in Indian history as it witnessed the emergence of languages, food, clothes – culture which is followed by Indians even today. The history of many current religious beliefs can be traced back to this age.

This course follows chronologically from the Arab and Turkish invasions, the Sultanate and the Mughal empires, explaining the migration of foreign powers into India and the political and cultural changes that occurred in the country and the establishment of the world’s largest religions at this time.

Over the course of 8 weeks we will examine the great empires that arose in India during Medieval times: Arabs, Turks, The Sultanates, the Mughals, Vijayanagar Empire, Bahmani Kingdom, the Bhakti Movement.

This class will evaluate the present culture and developments of India that had its origins in ancient and medieval traditions. Rather than concentrating solely on the elites, we’ll include everything that people witnessed during the period: social development, cultural achievements, judicial developments. Along the way, we’ll discuss trade relations which India had from time immemorial.

Enrolment Limit: 64

Instructor: Dr. Priya Kurian, B.A., M.A., M.PHIL., PhD

Dates: Fridays, January 10, 2020 to February 28, 2020

Time: 1:30–3:30 pm

Place: Room 202 Arts Bldg., University of Saskatchewan