Table of Contents

ONLINE Registration & Payment Procedures ........................................... 2-4

Course 1

The French Resistance, 1941-45: in the Wake of Ruin, Collaboration and Retaliation .......................................................... 5

Course 2

Augur’s Omens & Aesop’s Fables: Animals in Life and Thought in the Ancient World .............................................................. 6

Course 3

The Golden Years: Explorations in Popular Music in North America from 1930 to 1970 .............................................................. 7

Course 4

Aging With Vitality ................................................................................... 8

Course 5

The Long Reach of Renaissance Art and Culture: Why Do We Still Revere It today? ................................................................. 9

Course 6

What Lies Beneath: Historical Archaeology and Exploring the Puzzle Pieces of the Past .......................................................... 10

Registration Period: February 14, 2022, 12 Noon, to February 18, 2022, 5:00 pm

Courses will commence on Friday, March 11, 2022 and the week of Monday, March 14, 2022.

Course fees are $55.00 per course.

All registration is ONLINE.

PAYMENT IS PART OF THE REGISTRATION PROCESS—YOU WILL NOT BE CONSIDERED REGISTERED UNTIL PAYMENT IS RECEIVED.

Registration for the 2022 Spring Term will open on Monday, February 14 at 12 Noon and close on Friday, February 18 at 5:00 pm.

See next page for online registration information.
SASKATOON SENIORS CONTINUED LEARNING INC.
ONLINE COURSE PROCESS AND INSTRUCTIONS

This page and the following two (2) pages outline the requirements for those wishing to attend 2022 Spring Term courses. By registering you are accepting these terms and conditions.

Refunds are generally not provided unless the course is cancelled but may be issued under exceptional circumstances at the sole discretion of SSCL. Refund applications must be submitted in writing to SSCL by the client or their designate prior to the start of classes, when possible.

GENERAL REQUIREMENTS

• You must have an email address exclusively for your use in Amilia, the third-party registration system used by SSCL, so you can be sent your Zoom log-in information.

• The course registration fee for each course is $55 per device connected to the online course. Each person who wishes to participate using their individual device must register separately. Two people who reside in the same residential household may choose to share a single device in which case only one person need register.

• Only one connection to a course will be permitted per email address. You must not share your log-in information with others.

• Members wishing to attend a course and who have previously elected to share the same email address on Amilia should update their Amilia profile with an email address that is exclusively for their use. Doing this will allow them to receive the log-in information to the course.

• SSCL’s online courses will be made available through Zoom technology. There are no enrolment (class size) limits for 2022 Spring Term courses.

• You must have a suitable Internet connection, and access to a desktop or laptop computer, or other communication device such as a tablet or iPad, or a smart phone that is compatible with Zoom. If you have not used Zoom, you should review Zoom compatibility requirements and test your computer or other device before the meeting. Reference https://support.zoom.us/hc/en-us.
GENERAL REQUIREMENTS
(CONTINUED)

• If you are travelling and wish to join the class from elsewhere in Canada or outside the country, it is your responsibility to ensure that this will be possible.

• SSCL is not responsible for the performance of your internet connection and your computing device; related connectivity, audio quality, and video quality issues must be addressed by you and will not warrant the refund of the course fee.

• Payments can be made by credit card or cheque in the same way as normal online purchases. A credit card payment is processed through Amilia at the same time as the registration is made. This is not the case for e-Transfer or cheque.

• Course payment options include e-Transfer. If you elect to use e-Transfer, you will make your payment through your financial institution’s online banking application. When paying by e-Transfer or cheque you should therefore choose the Offline payment option in Amilia to indicate your intention to forward the payment to SSCL immediately after exiting the Amilia site.

• Please direct your e-Transfer payment to SSCL using our email address saskatoon seniorscl@gmail.com. If the name on the e-transfer is different from the SSCL member name(s) that the e-transfer payment is for, please include the member name(s) in the memo/message box so the payment can be properly applied to the SSCL member(s).

REGISTRATION PROCESS FOR ONLINE COURSES

• To be eligible to register for an SSCL course, you must have a current membership. If you do not have a current membership, your SSCL membership fee will be added to your invoice when you register for the course.

• All registration is ONLINE through a third-party registration system, Amilia. You will access SSCL’s “store” on Amilia through the “online registration” link on SSCL’s website at the University of Saskatchewan, sscl.usask.ca. Course information will be available on the SSCL website and on Amilia.

• If you have never registered for an SSCL course before, you will need to set up an Amilia account. Contact SSCL at saskatoon seniorscl@gmail.com or at 306-343-6773 for assistance in doing this.
REGISTRATION PROCESS FOR ONLINE COURSES (CONTINUED)

- Registration will open on Monday, February 14, 2022, at 12 Noon.

- Before registering, you should carefully review the Spring 2022 Term Brochure including the terms and conditions under which SSCL offers this online course.

- **No registrations will be accepted after the close of registrations on Friday, February 18, 2022 at 5:00 pm.**

- After you have successfully registered, Amilia will send you a confirmation email. If you do **not receive that confirmation email**, you can check that your registration has been accepted by looking at My Calendar and Upcoming Activities on your Amilia account Home page. If this doesn’t show that you are registered please contact SSCL at saskatoon seniorscl@gmail.com or 306-343-6773. In any case, your registration remains tentative until payment is received.

- Following your registration on Amilia, you will be required to enroll in the Zoom “classroom”. You will be sent an email with instructions. It is imperative that you enroll using the same name and email address that you used when registering through Amilia. This will allow SSCL to verify you as a participant when you are connected to the course.

- Once enrolled in a course, you will receive a link unique to you which you should retain for your use to join the class each week.

- By registering for a course you are accepting all the terms and conditions described in the brochure. It is your responsibility to review the brochure in advance of registering for courses.

- The login information is to be kept confidential and is not to be provided to others for them to access the course. If persons other than those who are registered for a course sign in or attempt to sign in on your account, they will be barred from the course, and you may lose your attendance privileges.

- You should login to the course well before the scheduled start time to confirm connectivity and facilitate timely admission to the course. You will be placed into a Zoom Waiting Room pending confirmation of your identity. Only valid participants will be admitted to the course.

- Questions should be directed to saskatoon seniorscl@gmail.com or 1-306-343-6773.
COURSE 1—THE FRENCH RESISTANCE, 1941-45: IN THE WAKE OF RUIN, COLLABORATION AND RETALIATION

Modern European History

Initially, the French Resistance was more spontaneous than organized, as students boycotted classes in response to the removal of a particular professor, or defied a prohibition to celebrate V-Day on November 11/1940, but gradually it became much more underground and increasingly more organized, and directly in reaction to the ferociousness of Nazi retaliation.

There were turning points in this struggle, for once Hitler invaded Russia in late June of 1941, French communists joined the Resistance, and once American troops landed in North Africa in November of 1942, the German army moved into southern France, which meant that the Resistance now had to face the Gestapo throughout all of France, and no longer just the north.

The danger this represented was particularly increased with the move of Klaus Barbie to Lyons in late 1942, along with the attempts by General de Gaulle, through his agent Jean Moulin, to unify the Resistance, in anticipation of D-Day in June of 1944.

Instructor: Dr. Clay Burlingham, B.A., M.A., PhD, Adjunct Professor, Department of History, College of Arts & Science

Dates: Mondays, March 14, 2022 to May 2, 2022

Time: 9:30 am –11:30 am

Place: SSCL Online

Class Size: No Limit
COURSE 2 — AUGUR’S OMENS & AESOP’S FABLES: ANIMALS IN LIFE AND THOUGHT IN THE ANCIENT WORLD

History/Classics

From religious practices to artistic works and beyond, animals were part of nearly every aspect of life and thought in the Greek and Roman World. In this course we’ll look at the role of animals in sacrifices and their role in augury, where they were viewed as omens that the Romans believed could reveal the will of the gods.

We’ll look at some of the many depictions of animals in art, and what these can tell us about the way that the Greeks and Romans understood the natural world. Additionally, we’ll analyze the myriad roles that animals played in classical literature and how these shed light on expectations and ideals for human life (e.g. through fables designed to impart moral lessons, as metaphors/allegories, etc.).

We will also explore the wide variety of attitudes that the Greeks and Romans expressed towards animals, which ranged from viewing them as mere tools that existed for human use to viewing them as rational, moral beings deserving of respect and just treatment (the latter view even leading some to advocate for vegetarianism).

(Please note that, while the title of this course seems similar to the previous course, “From Aristotle to the Arena: Animals in the Greek and Roman World”, they cover completely different material. Thus, these are completely independent courses, so students can take this course regardless of whether or not they have taken “From Aristotle to the Arena”.)

Instructor: Dr. Kyle McLeister, B.A. (Hon.), M.A. PhD, Lecturer without term, Department of History, College of Arts & Science

Dates: Tuesdays, March 15, 2022 to May 3, 2022

Time: 1:30 pm – 3:30 pm

Place: SSCL Online

Class Size: No Limit
COURSE 3— THE GOLDEN YEARS: EXPLORATIONS IN POPULAR MUSIC IN NORTH AMERICA FROM 1930 TO 1970

Music History

An exploration of popular music in North America over four decades (1930-1970), highlighting significant factors that influenced the music and the performers including trends, social influences, technology and global affairs. Canadian and American performers will be highlighted with directed listening using audio examples and video clips (e.g., YouTube, etc.)

Instructor: Mark DeJong, B.Mus., M.Mus., Saxophonist, Composer, Educator and Bandleader, Mount Royal University Conservatory.

Dates: Wednesdays, March 16, 2022 to May 4, 2022

Time: 9:30 am – 11:30 am

Place: SSCL Online

Class Size: No Limit
COURSE 4 — AGING WITH VITALITY

Health

In today’s modern society, we have come to accept that aging involves a decline in our cognitive and physical health, becoming reliant on pharmaceuticals to extend our lives, to cover up a long laundry list of ailments, pain, degeneration, and decline. We don’t think this is healthy aging, and we know there is better. Designed for anyone of any age, but specifically for people interested in being proactive in their future health or interested in turning back the clock to a better state of health and vitality, this course will empower you to be proactive in living a life of extended wellness:

Week 1 Introduction to Aging with Vitality Attitude, Mindset, Passion for Life Demedicalizing the Aging Process
Week 2 Preventing the Four Killers Mitigating Stress for Vital Aging
Week 3 The Pillars for Youngevity: -Mitochondria -Healthy Holobiome
Week 4 The Pillars for Youngevity: -Healthy Immune System -Hormone Health for Vital Aging
Week 5 Aging with Vitality Fundamentals: Sleep, Rest, and Exercise Nutrition and Supplementation
Week 6 Tips for Health Recovery: Turning Back the Clock Preventing Cognitive Decline and Other Conditions Associated with Aging
Week 7 Social and Spiritual Connections: Purpose and Creativity
Week 8 A New Way to View Aging: Conclusion and Wrap Up.

Instructor: Carla Atherton, M.A., FDN-P, Empowerment Coach, Holistic Family Health Consultant/Advocate, Yoga Instructor and Mind/Body Facilitator

Dates: Thursdays, March 17, 2022 to May 5, 2022
Time: 9:30 am – 11:30 am
Place: SSCL Online
Class Size: No Limit
COURSE 5 – THE LONG REACH OF RENAISSANCE ART AND CULTURE: WHY DO WE STILL REVERE IT TODAY?

Art History

This class aims to look at the art and culture of a period of time that is still idolized and discussed today. We will consider the art, history, and context of the Renaissance to explore the production, dissemination and consumption of architecture, visual and material culture. Although primarily considering Europe, this class will also look beyond the common understanding of the art of the period and its relationship with the Italian city states to look at the international, fluid and mobile phenomenon marked by the development of new ideas and expanding knowledge in northern Europe, the Iberian Peninsula, the Islamic world, south-east Asia, and Africa.

Summary of Course Topics:

Week 1 – Traditional view – Italy, why it holds our attention
Week 2 – Renaissance in the North, they saw developments as well
Week 3 – Patterns of Patronage, Commerce and Trade
Week 4 – Religion and material culture, interactions between humanism and the Church
Week 5 – Rise of Printmaking, its influence on the dissemination of knowledge
Week 6 – Renaissance Science, the expansion of understanding
Week 7 – Representing Women, they were a part of this too
Week 8 – Global Renaissance, changes abound around the known world

Instructor: Dr. Sandra Herron, B.A., M.A., PhD, Sessional Lecturer, Department of Art and Art History, College of Arts & Science

➤ Dates: Fridays, March 11, 2022 to May 6, 2022
➤ NB: THERE WILL BE NO CLASS ON GOOD FRIDAY, APRIL 15, 2022

Time: 9:30 am – 11:30 am
Place: Online
Class Size: No Limit
COURSE 6 — WHAT LIES BENEATH: HISTORICAL ARCHAEOLOGY
AND EXPLORING THE PUZZLE PIECES OF THE PAST

Archaeology

Archaeology is the study of the material remains of past societies. Historical Archaeology is a subfield that focuses on those societies that also left behind documentary and oral histories. By studying both the history and the archaeology of past peoples, a better understanding of the past can be gained.

This course will focus on Historical Archaeology in Saskatchewan, studying such sites as settler homesteads, fur trade posts, and early Saskatoon. This course will explore these pasts through a critical look at historical documents and artifact analysis.

We may also look at other places to explore how historical documents and oral histories are just one piece of the puzzle of the past. By using archaeology and studying the objects of the average person, a voice can be given to those who may not have had one in the history books.

Instructor: Denise Huynh, Master of Arts Archaeology. Sessional Instructor in the Department of Archaeology and Anthropology at the University of Saskatchewan

➢ Dates: Fridays, March 11, 2022 to May 6, 2022
➢ NB: THERE WILL BE NO CLASS ON GOOD FRIDAY, APRIL 15, 2022
Time: 1:30 pm – 3:30 pm
Place: SSCL Online
Class Size: No Limit