

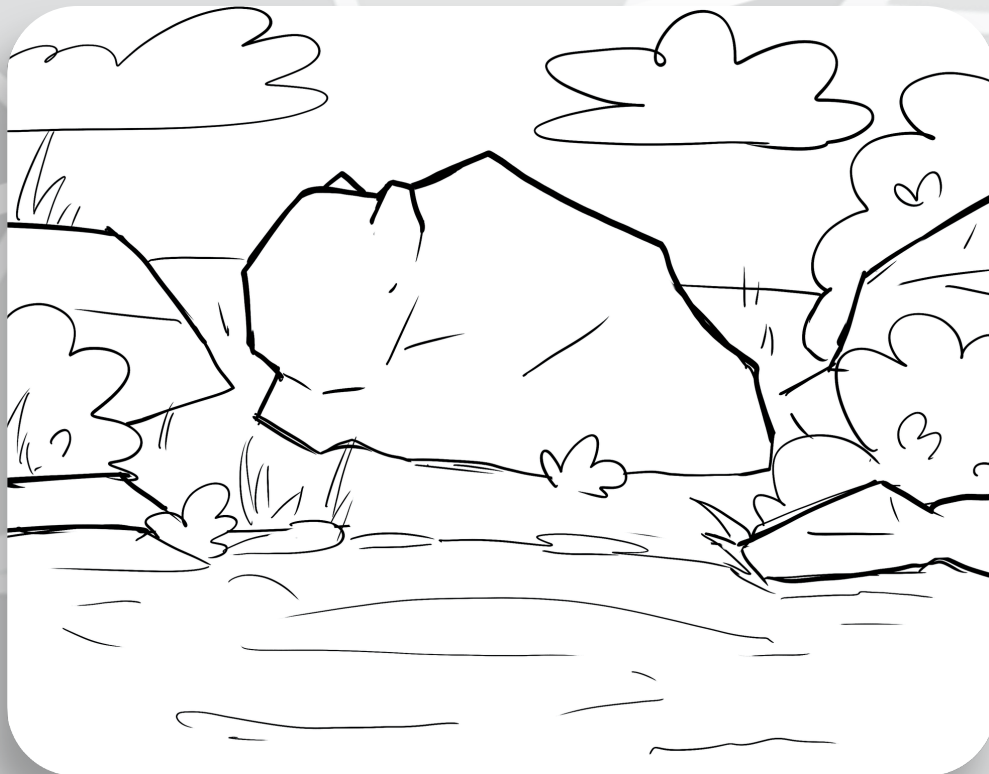
Teachings from Nature

Rocks and Plants

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asiniyak are the grandfathers of **mâwawi-okâwîmâw**.

Their slow movements shape mountains, continents, and oceanic floors. Rocks deposited by glaciers have been used as meeting places and spiritual sites by Indigenous peoples for thousands of years. To the **nêhiyawak**, rocks are alive.



**Can you
find a pink
mineral?**



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Can you find
a conifer in
the museum?



oskâhtak are conifers that are also known as jack pines. Their pinecones are often sealed shut for many years. But when the heat from a **pasitêw** melts their resin, they open and their seeds are released. Wildfires can be a medicine that regenerates the landscape.



Can you find
five kinds of
plants in the
museum?

wâhkôhtowin comes from the worldview that all living things are interconnected. Pollinators like **âmowak** have coevolved with nectar-producing **wâpikwaniya**. Indigenous peoples have lived harmoniously with plants for a long time, and have learnt many ways to use **maskihkiy** medicines.