

NEW Program - 2016



**Department
Of
Psychology**

**Undergraduate
Advising Handbook**

Department of Psychology Undergraduate Advising Handbook

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1. Introduction

1. A) Message from the Head of the Department of Psychology

Welcome to Psychology! You have joined one of the largest and most successful departments on campus. Our faculty is comprised of leading edge scholars who are dedicated to creativity and innovation in research and teaching. Their work focuses on clinical psychology, applied social work - including program evaluation, culture and human development and, neuropsychology - including work with EEG, TMS and fMRI! And we now have a fabulous new Health Studies program! We believe that you will find your time with us both challenging and rewarding. We know from experience that our graduates are well received across the province and the country, whether they choose to enter the work force, to pursue professional training in other disciplines, or to proceed to advanced study in psychology.

This Handbook has been prepared with the goal of providing you with information on a variety of topics that may be of interest to you during your involvement with the Department. We hope that you will find it to be useful. For further detail and updated information, please visit our website, www.usask.ca/psychology/

On behalf of the faculty and staff of the Department, I want to wish you success in pursuing your academic goals.

Dr. Gordon Sarty
Acting Head, Department of Psychology

1. B) Introduction to the Undergraduate Program in Psychology

Psychology is the study of behaviour and mental processes, and their relation to one's physical state, mental state, and external environment. **The Department of Psychology offers five undergraduate programs leading to a Bachelor of Arts degree or a Bachelor of Science degree. The BA 3-year program requires a total of 90 credit units with a minimum of 30 credit units in Psychology. The BA and BSc 4-year programs requires 120 credit units with a minimum of 36 credit units in Psychology. The BA and BSc honours programs requires 120 credit units with 60 credit units in Psychology.**

Our degree program(s) give students broad exposure to various content areas of psychology, as well as "hands on" experience with the methods used to arrive at conclusions about behaviour. Specifically, the undergraduate programs are designed to:

(1) Familiarize students with the varied perspectives and sub-fields that represent the discipline of psychology: biological, cognitive, developmental, psychodynamic, social, and cultural. The goal of the psychology undergraduate program is to acquaint students with the theories, concepts, and applications in each of the main areas, and not to train practitioners of the discipline. Courses are offered in such areas such as social psychology, child development, human neuropsychology, memory, psychology of language, abnormal psychology, and Aboriginal mental health. These courses engage students in an active learning environment, helping students to develop their writing, critical thinking, and communication skills.

(2) Provide students with experience in the methods and research designs that are the typically used in the acquisition of knowledge in psychology. Students become acquainted with not only the basic precepts of experimental methodology, but are also taught about, and given direct experience in, observational methods, interviewing, and qualitative analyses in the form of laboratory courses. All five program levels (3-year, 4-year, and Honours') include statistics and laboratory requirements, with increased exposure to research required of our 4-year and Honours' students.

Our 3-year and 4-year programs are primarily designed for students who are satisfied with a baccalaureate degree in psychology, and/or are planning to pursue further professional training in another field (e.g., Education, Law). Our Honours program provides exceptional preparation for our students to pursue graduate studies in Psychology and advanced degrees in related disciplines. Be assured that no matter what program you choose in our department, we strive to give students a well-rounded and informed perspective on the discipline of psychology.

2. Course Descriptions

2. A) Psychology Course Prerequisites (Excerpt from the University Calendar)

NOTE: PSY 120 and 121 are the prerequisites for 200 courses. Please review the prerequisites requirements carefully. The Department of Psychology does NOT permit prerequisite waivers.

PSY 120.3

Biological and Cognitive Bases of Psychology

This course is designed to familiarize the student with the body of knowledge, scientific theory, and research related to the major biological and cognitive areas of psychology. The course focuses on the study of behavior dealing with the essential problems of psychology, the methods of investigation, and the advances that have been made in the fields of neuroscience, sensation and perception, consciousness, memory, learning, language, and motivation and emotion.

Note: Students with credit for PSY 110 may not take this course for credit.

This course is one-half of PSY 110.6, students with credit for PSY 110.6 cannot take PSY 120.3 for credit

PSY 121.3

Social Clinical Cultural and Developmental Bases of Psychology

This course is designed to familiarize the student with the body of knowledge, scientific theory, and research related to the major social, clinical, cultural and developmental areas of psychology. The course focuses on the study of behavior dealing with the essential problems of psychology, the methods of investigation, and the advances that have been made in the fields of intelligence, development, personality, social and cultural psychology, psychological disorders, treatment, and health,

stress, and coping.

Note: **Students with credit for PSY 110 may not take this course for credit.**

This course is one-half of PSY 110.6, students with credit for PSY 110.6 cannot take PSY 121.3 for credit

PSY 207.3

Psychology of Death and Dying

Focuses on the psychological issues relevant to death and dying. Topics to be examined: societal attitudes, cultural differences, coping with dying, dealing with loss and grief, memorialization and funerals, developmental issues across the life span, relevant legal issues, suicide and life threatening behaviour, AIDS and the psychological meaning of death.

Prerequisite(s): PSY 121

PSY 213.3

Child Development

An examination of the social, emotional, moral, cognitive and physical development of typical children from conception to late childhood. Individual development is considered from a psychological perspective within the contexts of family and culture.

Prerequisite(s): PSY 121

PSY 214.3

Adolescent Development

An introduction to theories and research methods in adolescent development. Attention is given to normative development in physical, cognitive, social and emotional domains. Students will obtain an understanding of factors that influence normative trajectories and processes; basic theory underlying adolescent research; and strengths and weaknesses of methods in this area.

Prerequisite(s): PSY 121

PSY 216.3

Psychology of Aging

The study of normal psychological development through maturity to old age. Topics include: consideration of critical issues of research methods; problems of adjustment of the aged such as physical decline, retirement, aloneness, disengagement; the needs and care of the aged, antecedents of successful aging; the psychology of dying and death; theories of aging.

Prerequisite(s): PSY 121

PSY 222.3

Personality

A review of major theories, both historical and contemporary, in the study of personality. Psychoanalytic, social learning, existential-humanistic, and trait perspectives will be covered, along with a discussion of their strengths and limitations.

Prerequisite(s): PSY 121

PSY 223.3

Abnormal Psychology

Major patterns of abnormal behaviour are reviewed and studied with respect to origins, course and treatment. The focus is upon understanding abnormal behaviour with an integrated knowledge of basic principles of general psychology.

Prerequisite(s): PSY 121

Note: PSY 222 recommended.

PSY 224.3

Introduction to Culture and Psychology

A survey of theory and research on cultural issues in psychology, including developmental, cognitive and social psychology. By the end of the course, the student will be able to demonstrate an understanding of fundamental concepts and theoretical perspectives pertinent to the study of culture and human behaviour, knowledge of the findings of relevant classic and contemporary empirical studies, and familiarity with methodological issues pertaining to research in this area.

Prerequisite(s): PSY 121.

PSY 225.3

Group Dynamics and Intergroup Relations

Designed to give the student a broad overview of an important area of social psychology. Group dynamics and inter-group relations will be covered through lectures, readings, and assignments on topics such as group decision-making, leadership, conflict and cooperation, collective behaviour, prejudice, and minority-majority relations.

Formerly: PSY 221

Prerequisite(s): PSY 121

Note: Students with credit for PSY 221 cannot take PSY 225 for credit.

PSY 226.3

Intrapersonal and Interpersonal Processes

Focuses on social psychological phenomena internal to the individual, such as social cognition, emotion, the self, and attitudes. It also considers issues associated with relations between individuals, such as altruism, aggression, attraction and social influence. Students who wish to pursue further studies in social psychology are encouraged to take both this course and PSY 225 (Group Dynamics and Intergroup Relations).

Formerly: PSY 221.

Prerequisite(s): PSY 121

Note: Students with credit for PSY 221 cannot take this course for credit.

PSY 227.3

Human Sexuality

Examines topics that fall under the rubric of human sexuality (e.g., sexual diversity, prostitution, and pornography). Through interdisciplinary readings and films, this course details how socio-cultural forces may shape individuals' experiences as sexual beings and their interpretations of various sexual practices.

Prerequisite(s): PSY 121 or permission of the instructor

PSY 230.3

Criminal Behaviour

The application of psychological theories to the understanding of criminal behaviour. An overview of assessment and treatment issues as these apply to specific types of criminals (e.g., sexual offenders, psychopathic offenders) will also be provided.

Prerequisite(s): PSY 121

Note: PSY 222 or 223 or 257 is recommended.

PSY 231.3

Psychology and Law

Examines the role psychology plays in promoting justice within the legal system. Theory, research, and methodology related to the psychology of evidence are reviewed. The focus is on the role psychologists play in obtaining and assessing witness evidence during the pre-trial and trial phases of the legal process.

Prerequisite(s): PSY 121

PSY 233.3

Statistical Methods in Behavioural Sciences

The role of statistics in research including: statistical concepts and models, estimation, simple tests of significance, linear regression and correlation, and introduction to analysis of variance. The laboratory component will consist of training in the utilization of statistical software.

Prerequisite(s): PSY 120 or 121

Note: Refer to Statistics Course Regulations in the Arts & Science section of the Calendar if intending to use for Arts & Science credit.

PSY 234.3

Statistical Methods in Behavioural Sciences

A continuation of the role of statistics in research covering methods of analysis of variance including cross-classification, introduction to multiple comparisons, factorials, multiple regression and covariance. The laboratory component will consist of training in the utilization of statistical software.

Prerequisite(s): PSY 233. Four-year and Honours students should take PSY 235 concurrently.

Note: Refer to Statistics Course Regulations in the Arts & Science section of the Calendar if intending to use for Arts & Science credit.

PSY 235.3

Research Methods and Design

Introduces students to both experimental and non-experimental research methods and designs used in psychology. The course focuses on the interplay between research questions, theory, the selection of appropriate research procedures and resulting conclusions. The laboratory component will consist of practical training and application of the concepts discussed in class.

Formerly: 372.6

Prerequisite(s): PSY 233.

Note: Four-year and Honours students should take PSY 234 concurrently; students with credit for PSY 232 or 372 cannot take this course for credit.

PSY 236.3 — 1/2(3L)

Qualitative Research in Psychology

This course introduces students to key concepts from the philosophy of science and from research design (e.g., ontology, epistemology, methodology, method) and provides a broad overview of contemporary approaches to qualitative inquiry in the discipline of psychology. Students will be introduced to ways of formulating research questions that are suitable for qualitative inquiry; methods for generating qualitative data (e.g., interviews, observations, online, visual); and ways of analyzing qualitative data from different methodological traditions (e.g., grounded theory, discourse analysis, narrative analysis).

Prerequisite(s): PSY 120 or PSY 121.

PSY 242.3

Physiological Psychology

An introduction to the language, techniques, concepts and general subject matter of physiological psychology. Topics will include: sensory processes, motor systems, the brain, memory and learning. This core knowledge will be useful to those wanting an exposure to the biological study of behaviour, or to those wanting a primer for more advanced study.

Prerequisite(s): PSY 120.

PSY 243.3

Evolutionary Psychology

The human mind and the behaviour that emerges as products of the mind, will be considered as the outcome of a large number of adaptations brought about by natural selection. The possibility of, and evidence for, a universal human nature at the level of evolved psychological mechanisms will be presented. The evolutionary significance of altruism, cooperation and conflict, morality, deceit, self-deception and illness will be examined.

Formerly: PSY 244.

Prerequisite(s): PSY 120

Note: Students with credit for PSY 244 cannot take this course for credit.

PSY 246.3

Introduction to Human Neuropsychology

An introduction to research and theory on the topic of human brain function. Topics include research techniques and strategies, developmental neuropsychology, localization and lateralization of function, recovery of function, and deficits associated with lesions of the neocortex.

Prerequisite(s): PSY 120

PSY 252.3

Perceptual Processes

A brief survey of the principles that have emerged from the empirical investigation of perception, with special reference to vision and hearing. An examination of the factors which underlie such fundamental features of behaviour as the perception of objects and of three-dimensional space and the maintenance of perceptual constancy.

Prerequisite(s): PSY 120

PSY 253.3

Introduction to Cognitive Psychology

An introduction to research and theory on the topic of human cognitive functioning. The course will explore how humans attend to, encode and remember their experiences, communicate using both written and spoken language, and engage in higher order processes such as reasoning, problem solving, and decision making.

Prerequisite(s): PSY 120

PSY 255.3

Human Memory

An introduction to research and theory on the structures and processes involved in human memory. Topics include the evidence for distinct sensory, short-term, and long-term memory stores, the format of representation in memory, and the determinants of effective memory performance.

Prerequisite(s): PSY 120

PSY 256.3

Psychology of Language

Explores and evaluates theories and research involving the psychology of language. Broadly defined, the topics will include visual and auditory language issues regarding: encoding, representation, comprehension, production, acquisition, biological foundations, dysfunction, and cultural influences. Students will also learn about current research projects, and the preparation of research papers.

Prerequisite(s): PSY 120

PSY 257.3

Clinical and Counselling Psychology

Review of the relevant topics in clinical and counselling psychology including psycho diagnostic testing, and the major approaches to therapeutic change.

Prerequisite(s): PSY 121

Note: Students with credit for PSY 357 may not take this course for credit. This course was labeled PSY 357 for 2014-2016.

PSY 260.3

Health Psychology

Focuses on psychological theories and research related to the development, prevention and treatment of illness. Topics covered will include the effects of stress on health, coping with pain, the physician-patient relationship, patient non-compliance, and a variety of risky health behaviours such as substance abuse.

Prerequisite(s): PSY 121

Note: Students who have taken PSY 360 may not take this course for credit.

PSY 261.3

Community Psychology

Introduces psychological theories and research on the effects of the physical and social environments on human behaviour and on the design and evaluation of changes which might promote adaptive behaviour.

Prerequisite(s): PSY 121

Note: Students who have taken PSY 360 may not take this course for credit.

PSY 298.3

Special Topics

Offered occasionally by visiting faculty and in other special situations to cover, in depth, topics that are not thoroughly covered in regularly offered courses.

PSY 299.6

Special Topics

Offered occasionally by visiting faculty and in other special situations to cover, in depth, topics that are not thoroughly covered in regularly offered courses.

PSY 315.3 — offered in Term 1

Advanced Development I Social and Emotional

Introduces students to the theoretical foundations, research designs, and methods used to study social and emotional development. The course will involve lectures and a lab component. In the lab component, students will participate in a collaborative research project.

Formerly: PSY 314.

Prerequisite(s): Permission of the department and 12 credit units of 200-level Psychology including one of PSY 213, 214, or 216; and PSY 233 and 235 (or HLST 210).

PSY 316.3 — offered in Term 2

Advanced Development II Social and Emotional Research

Students will develop independent research projects designed to answer an empirical question in the domain of social and emotional development. Each student will be responsible (either individually or as a member of a small group) for designing a study, testing participants, analyzing data, and writing up a research report.

Formerly: PSY 314.

Prerequisite(s): Permission of the department and PSY 233, 234, 235 (or HLST 210), and 315.

PSY 317.3 — offered in Term 1

Cognitive Development I

Introduces students to an in-depth study of major content areas, theoretical orientations, and research methods which are necessary to advance knowledge in the study of cognitive development. Students will learn about the special features of the cognitive developmental perspective and will conduct research projects in the laboratory component of the course.

Formerly: PSY 314.

Prerequisite(s): Permission of the department and 12 credit units of 200-level psychology, including one of PSY 213, 214, or 216; and PSY 233 and 235 (or HLST 210).

PSY 318.3 — offered in Term 2

Cognitive Development II Research

Students will develop independent research projects designed to answer an empirical question in the domain of cognitive development. Each student will be responsible (either individually or as a member of a small group) for designing a study, testing participants, analyzing data, and writing up a research report.

Formerly: PSY 314.

Prerequisite(s): Permission of the department and PSY 233, 234, 235 (or HLST 210), and 317.

PSY 323.3 — offered in Term 1

Qualitative Study of Lives and Social Practices

Qualitative approaches to understanding lives and social practices will be introduced. Topics include: an overview of non-positivist epistemologies and methodologies and an introduction to methods such as narrative analysis, grounded theory, ethnography and discourse analysis.

Prerequisite(s): Permission of the department and 12 credit units of 200-level Psychology, including 3 credit units from Group 1; and PSY 233 and 235 (or HLST 210).

PSY 324.3 — offered in Term 2

Research in Qualitative Study of Lives and Social Practices

A research course linked to Qualitative Study of Lives and Social Practices (PSY 323). Students participate in the design, data collection, analysis and write up of one group research project. A variety of data gathering approaches (e.g. archival searches, interviewing, observational field work) and methods of analysis (e.g. thematic analysis, narrative analysis, grounded theory, ethnography, discourses analysis) are used.

Prerequisite(s): Permission of the department and PSY 233, 234, 235 (or HLST 210) and 323.

PSY 325.3 — offered in Term 1

Research Methods in Social Psychology

Students will be introduced to the variety of research methods used in social psychology through one or more content areas determined by the instructor (e.g., prejudice, discrimination, attitude change, interpersonal conflict, impression management, aggression, media violence, prosocial behaviour, conformity, group processes, attraction, applying social psychology to the law, workplace, health problems, etc.).

Formerly: PSY 321.

Prerequisite(s): Permission of the department and 12 credit units of 200-level psychology, including one of PSY 225 or 226; and PSY 233 and PSY 235 (or HLST 210).

PSY 326.3 — offered in Term 2

Observation, Interview and Questionnaire Methods in Social Psychological Research

Students will research social interactions using observation, interview and/or questionnaire methods. Within a full-semester research project (conducted individually or in small groups), students will choose a research question, review the relevant literature, obtain ethical approval, design and conduct the study, analyze data and write a research report.

Formerly: PSY 321.

Prerequisite(s): Permission of the department and PSY 233, 234, 235 (or HLST 210) and 325.

PSY 328.3 — offered in Term 2

The Experimental Method in Social Psychological Research: An Independent Project

Provides an opportunity to research social psychological phenomena using the experimental method. Within a full-semester research project (conducted individually or in small groups), students will choose a research question, review the relevant literature, obtain ethical approval, design and conduct the study, analyze data and write a research report

Formerly: PSY 321.

Prerequisite(s): Permission of the department and PSY 233, 234, 235 (or HLST 210) and 325.

PSY 343.3 — offered in Term 1

Laboratory in Behavioural Neuroscience

An introduction to the techniques, theory and methods in behavioural neuroscience. The focus will be upon brain and behaviour and the techniques used to study nervous system function. The lab and seminar components will include a series of experiments to be carried out by the students.

Formerly: PSY 342.

Prerequisite(s): Permission of the department and 12 credit units of 200-level psychology, including one of PSY 242, 243, 246; and PSY 233 and PSY 235 (or HLST 210).

PSY 344.3 — offered in Term 2

Research in Behavioural Neuroscience

A laboratory course in behavioural neuroscience. The course will provide students with the opportunity to conceptualize, design, and implement an independent research project in the area of behavioural neuroscience. Emphasis will be placed on brain and behaviour and the techniques used to study nervous system function.

Formerly: PSY 342.

Prerequisite(s): Permission of the department and PSY 233, 234, 235 (or HLST 210), and 343.

PSY 347.3 — offered in Term 1

Advanced Human Neuropsychology

Introduces the student to the theoretical and methodological issues in the study of the structure and function of the human neocortex. The course will involve lectures, seminars, and a lab component in which a series of experiments will be carried out by the students.

Formerly: PSY 346.

Prerequisite(s): Permission of the department and 12 credit units of 200-level psychology, including one of PSY 242, 243 or 246; and PSY 233 and PSY 235 (or HLST 210).

PSY 348.3 — offered in Term 2

Research in Human Neuropsychology

A laboratory course concerned with the concepts, theories, and experimental investigation of the structures and functions of the human neocortex. The course will provide the students with the opportunity to conceptualize, design, and implement an independent research project to answer an empirical question related to experimental neuropsychology.

Formerly: PSY 346.

Prerequisite(s): Permission of the department and PSY 233, 234, 235 (or HLST 210), and 347.

PSY 355.3 — offered in Term 1

Research in Advanced Cognitive Science

This lecture and laboratory course exposes students to current theory and research methods in cognitive science. Students will be expected to review, design, conduct, analyze and report a series of class experiments. Topics may include perception, attention, memory, thinking, reasoning and problem solving.

Formerly: PSY 352.

Prerequisite(s): Permission of the department and 12 credit units of 200-level psychology, including one of PSY 252, 253, 255 or 256 and PSY 233 and PSY 235 (or HLST 210)

PSY 356.3 — offered in Term 2

Advanced Cognitive Science III Independent Research Projects

In this laboratory course students develop independent experimental research projects in some area of cognitive science. Each student (either individually or as a member of a small group) is responsible for designing a study, testing participants, analysing the data, and writing up a research report following American Psychological Association style conventions.

Formerly: PSY 352.

Prerequisite(s): Permission of the department and PSY 233, 234, 235 (or HLST 210) and one of PSY 353 or 355.

PSY 379.3

Washington Center Topics in Psychology

Covers topics in Psychology, offered by the Washington Center, Washington D.C. Possible topics include The Rationality and Psychology of Conflict, Violence, and War, Citizenship in a Multicultural Society, Forensic Psychology or other topics approved by the Department of Psychology.

Prerequisite(s): 60 credit units of university level study including 6 credit units senior PSY.

Note: Registration in this course is restricted to students selected for the Washington Center Term Abroad program.

PSY 380.3

Issues in Traditional Health and Healing

Exposes the student to critical scholarly perspectives on contemporary issues in traditional or alternative approaches to health and healing. While there will be a focus on the Aboriginal peoples of North America, there will also be exposure to traditional forms of healing from other parts of the world.

Prerequisite(s): Permission of the department and PSY 120.3+121.3 and 12 credit units at the 200-level in Psychology, Native Studies, Anthropology or Sociology.

PSY 398.3

Special Topics

Offered occasionally by visiting faculty and in other special situations to cover, in depth, topics that are not thoroughly covered in regularly offered courses.

PSY 399.6

Special Topics

Offered occasionally by visiting faculty and in other special situations to cover, in depth, topics that are not thoroughly covered in regularly offered courses.

PSY 418.3

Advanced Seminar in Developmental Psychology

An advanced seminar focussed on theoretical and empirical analyses of human development. A set of original research articles covering diverse areas of developmental psychology (e.g., behavioural genetics, development and psychopathology, cognitive development, social development, aging) will be assigned, read, and discussed by the class.

Prerequisite(s): Permission of the department and 6 credit units from PSY 213, 214, 216, 315, 317.

PSY 423.3

Disability Discourses and Social Practices

The goals of this Seminar course are two-fold: first, to provide knowledge about the interconnections between disability, discourses and social practices; second to provide students with the opportunity to pursue an issue of interest to them and to share their discoveries, thoughts and questions regarding this issue with their classmates. The course invites students to examine how cultural interpretations interact with biology or psychophysiology and social interactions to produce distinctive forms of disability.

Prerequisite(s): Permission of the department and 6 credit units of 300-level Psychology.

Note: Students who took PSY 498.3 Disability, Discourses and Social Practices may not take this course for credit. The course endorses a multidisciplinary perspective. Materials from the fields of disability studies, anthropology, psychology, history, philosophy, psychiatry, literature, law and ethics are examined to provide an interdisciplinary perspective on disability.

PSY 425.3

Advanced Group Dynamics and Intergroup Relations

Designed to give the student an in-depth knowledge of the social psychology of group dynamics and intergroup relations. Therefore, the course covers both the major theories and research in this area. Students will study important contemporary primary source articles. They will also give in-class presentations on selected topic areas. The course is designed to allow students to study this topic at an advanced level.

Formerly: PSY 420.

Prerequisite(s): Permission of the department and PSY 225 and one of PSY 226, 323 or 325.

PSY 426.3

Advanced Seminar in Intrapersonal and Interpersonal Processes

This advanced seminar examines social psychological phenomena internal to the individual, such as social cognition, motivation, emotion, the self, and attitudes and attitude change. It also considers issues associated with relations between individuals such as altruism, aggression, affiliation and social influence processes.

Formerly: PSY 420.

Prerequisite(s): Permission of the department and PSY 226 and one of 225, 323 or 325.

PSY 448.3

Advanced Seminar in Neuroscience

Using a seminar format, this course will survey selected topics in neuroscience. The topics covered may include neuropsychopharmacology, the neural bases of: memory, language, emotion, attention, consciousness, plasticity phenomena, spatial abilities; or other topics of interest to the faculty and students.

Formerly: PSY 440.

Prerequisite(s): Permission of the department and 6 credit units from PSY 242, 243, 246, 343, 347.

PSY 456.3

Advanced Seminar in Cognitive Science

An advanced seminar focussed on theoretical and experimental analyses of human perception, cognition, and performance. A set of original research articles covering diverse areas of cognitive science (e.g., basic perception, memory, language comprehension, human reasoning) will be assigned, read, and discussed by the class.

Prerequisite(s): Permission of the department and 6 credit units from PSY 252, 253, 255, 256, 353, 355.

PSY 472.6

B. A. Honours Thesis

Students will carry out a major project under the supervision of a faculty member, and report the project in the form of an honours thesis. The project will usually involve empirical research.

Prerequisite(s): Students must be enrolled in the Honours program or have written permission of the department and at least one 3 credit unit 300-level PSY A and one 3 credit unit 300-level PSY B course.

PSY 473.6

B. Sc. Honours Thesis

Students will complete an honours thesis research project with a faculty member, on a topic that falls clearly within Natural Science (see Calendar under Psychology for a complete listing of the courses and areas of Psychology that are in Group 2: Natural Science).

Prerequisite(s): Students must be enrolled in the Honours program or have written permission of the department and at least one 3 credit unit 300-level PSY A and one 3 credit unit 300-level PSY B course.

PSY 480.3

Aboriginal Mental Health and Illness

The goals of this seminar course are twofold: first, to provide detailed knowledge about contemporary Aboriginal mental health issues; second, to develop a critical perspective on the theoretical and methodological issues pertaining to research in Aboriginal mental health. Material from the fields of psychology, psychiatry and anthropology will be integrated to provide an interdisciplinary perspective. Examples will be drawn from both the United States and Canada.

Prerequisite(s): Permission of the department and 6 credit units in a 300-level Psychology, Anthropology, Native Studies or Sociology.

PSY 498.3

Special Topics

Offered occasionally by visiting faculty and in other special situations to cover, in depth, topics that are not thoroughly covered in regularly offered courses.

PSY 499.6

Special Topics

Offered occasionally by visiting faculty and in other special situations to cover, in depth, topics that are not thoroughly covered in regularly offered courses.

Course Requirements for 3-Year B.A Degree

100-level	PSY 120.3+121.3	6 cu
Statistics	PSY 233.3	3 cu
Research Methods	PSY 235.3	3 cu
200-level	3 cu from Group 1 [One of 207.3, 213.3, 214.3, 216.3, 222.3, 223.3, 224.3, 225.3, 226.3, 227.3, 230.3, 231.3, 257.3, 260.3, 261.3, 380.3]	3 cu
	3 cu from Group 2 [One of 242.3, 243.3, 246.3, 252.3, 253.3, 255.3, 256.3]	3 cu
300-level	3 cu from Group 1 "A" or 2 "A" [One of 315.3, 317.3, 323.3, 325.3, 343.3, 347.3, 355.3]	3 cu
400-level	None	
Other	200-, 300-, 400-level	9 cu
	Total Credits Required	30 cu
	Options Permitted	12 cu
	Total Credits Permitted	42 cu

Plus Arts & Science required and elective courses for a total of 90 credit units

100-level	PSY 120.3+121.3	6 cu
Statistics	PSY 233.3, 234.3	6 cu
Research Methods	PSY 235.3	3 cu
200-level	6 cu from Group 1 [Two of 207.3, 213.3, 214.3, 216.3, 222.3, 223.3, 224.3, 225.3, 226.3, 227.3, 230.3, 231.3, 257.3, 260.3, 261.3, 380.3]	6 cu
	6 cu from Group 2 [Two of 242.3, 243.3, 246.3, 252.3, 253.3, 255.3, 256.3]	6 cu
300-level	6 cu from: Group 1 "A" [315.3, 317.3, 323.3, 325.3] Group 2 "A" [343.3, 347.3, 355.3] Group 1 "B" [316.3, 318.3, 324.3, 326.3, 328.3] Group 2 "B" [344.3, 348.3, 356.3]	6 cu
400-level	Not required but encouraged	
Other	200, 300, 400-level	3 cu
	Total Credits Required	36 cu
	Options Permitted	24 cu
	Total Credits Permitted	60 cu

Plus Arts & Science required and elective courses for a total of 120 credit units

Plus Arts & Science required and elective courses for a total of 120 credit units

100-level	PSY 120.3+121.3	6 cu
Statistics	PSY 233.3, 234.3	6 cu
Research Methods	PSY 235.3	3 cu
200-level	6 cu from Group 1 [Two of 207.3, 213.3, 214.3, 216.3, 222.3, 223.3, 224.3, 225.3, 226.3, 227.3, 230.3, 231.3, 257.3, 260.3, 261.3, 380.3]	6 cu
	6 cu from Group 2 [Two of 242.3, 243.3, 246.3, 252.3, 253.3, 255.3, 256.3]	6 cu
300-level	9 cu from: Group 1 "A" [315.3, 317.3, 323.3, 325.3] Group 2 "A" [343.3, 347.3, 355.3] Group 1 "B" [316.3, 318.3, 324.3, 326.3, 328.3,] Group 2 "B" [344.3, 348.3, 356.3]	9 cu
400-level	PSY 472.6 + 6 cu at the 400-level [Two of 418.3, 423.3, 425.3, 426.3, 448.3, 456.3, 480.3]	6 cu 6 cu
Other	200-, 300-, 400-level	12 cu
	Total Credits Required	60 cu
	Options Permitted	0 cu
	Total Credits Permitted	60 cu

Course Requirements for 4-Year B.A Degree

Course Requirements for Honours B.A Degree

Course Requirements for 4-Year B.Sc. Degree

100-level	PSY 120.3+121.3	6 cu
Statistics	PSY 233.3, 234.3	6 cu
Research Methods	PSY 235.3	3 cu
200-level	6 cu from Group 1 [Two of 207.3, 213.3, 214.3, 216.3, 222.3, 223.3, 224.3, 225.3, 226.3, 227.3, 230.3, 231.3, 257.3, 260.3, 261.3, 380.3]	6 cu
	6 cu from Group 2 [Two of 242.3, 243.3, 246.3, 252.3, 253.3, 255.3, 256.3]	6 cu
300-level	6 cu from Group 2 "A" [Two of 343.3, 347.3, 355.3]	6 cu
	3 cu from Group 2 "B" [One of 344.3, 348.3, 356.3]	3 cu
400-level	Not required but encouraged	
	6cu of 200-, 300-, or 400-level Group 2 [Two of 242.3, 243.3, 246.3, 252.3, 253.3, 255.3, 256.3, 343.3, 347.3, 355.3, 344.3, 348.3, 356.3]	6 cu
Other	200-, 300- or 400-level	6 cu
	Total Credits Required	48 cu
	Options Permitted	12 cu
	Total Credits Permitted	60 cu

Plus Arts & Science required and elective courses for a total of 120 credit units

100-level	PSY 120.3+121.3	6 cu
Statistics	PSY 233.3, 234.3	6 cu
Research Methods	PSY 235.3	3 cu
200-level	6 cu from Group 1 [Two of 207.3, 213.3, 214.3, 216.3, 222.3, 223.3, 224.3, 225.3, 226.3, 227.3, 230.3, 231.3, 257.3, 260.3, 261.3, 380.3]	6 cu
	6 cu from Group 2 [Two of 242.3, 243.3, 246.3, 252.3, 253.3, 255.3, 256.3]	6 cu
300-level	6 cu from Group 2 "A" [Two of 343.3, 347.3, 355.3]	6 cu
	3 cu from Group 2 "B" [One of 344.3, 348.3, 356.3]	3 cu
400-level	PSY 473.6 + 6 cu at the 400-level [PSY 448.3, 456.3]	6 cu 6 cu
	6cu of 200-, 300-, or 400-level Group 2 [Two of 242.3, 243.3, 246.3, 252.3, 253.3, 255.3, 256.3, 343.3, 347.3, 355.3, 344.3, 348.3, 356.3]	6 cu
Other	200-, 300- or 400-level	6 cu
	Total Credits Required	60 cu
	Options Permitted	0
	Total Credits Permitted	60 cu

Plus Arts & Science required and elective courses for a total of 120 credit units.

Course Requirements for Honours B.Sc. Degree

2.B) Planning Your Degree Program

In this section, information relevant to selecting your degree program, selecting courses, and planning your course sequence is provided. The most important piece of advice we can give you at this point is: **Plan ahead, and keep your options open.** All senior courses have prerequisites, so being able to take the courses you are interested in requires some forethought. Also, it is often the case that students discover new subjects they are interested in, or discover that the subjects they thought they were interested in were not as appealing as they sounded. In order to have a wide range of courses to choose from at the senior level, you are best off to take a wide variety of courses at the 200-level.

2.B.1) Description of Courses

1. How do I find out more about a course I am interested in?

- Consult the University Course and Program Catalogue (<http://www.usask.ca/programs/index.php>)
- Ask the instructor. Professors are usually more than willing to answer questions and provide information.
- Ask other students (undergraduates or graduates)

2. How do courses labelled “100, 200, 300, and 400” differ?

- The seniority of the course is reflected in the number- the higher the number, the more senior the course
- Senior courses tend to be more focussed than junior courses, so that rather than trying to cover a broad area, they examine a field or issue in depth.
- Senior courses require more work than junior courses.
- In senior courses, students are expected to take a more active role in the learning process by reading independently, contributing to class discussions, making presentations, etc.
- Senior courses, although more difficult, are also more rewarding and students learn more
- Classes are smaller at the senior levels so there is more interactions between professors and students.

3. What should I expect from:

100-level PSY courses?

- A general overview of the phenomena, theories, and empirical methods in psychology.

200-level PSY courses?

- A more in depth view of a particular area of psychology.
- Courses range from socio-cultural influences on behaviour, human development, forensic and abnormal psychology, cognitive processes (including perception, memory, and attention), evolutionary perspectives on behaviour, and the neural basis of behaviour.
- Material is primarily lecture based, although this varies from instructor to instructor
- A term paper, a mid-term exam, and a final exam; additional assignments are often also required

300-level PSY courses?

- A research-based focus
- Training in research methodology appropriate to the content of the course
- The *odd-numbered* courses are designed to teach students the basic elements of doing research in a particular subject area. These are activity-based courses, and students can expect to take part in two or three class projects during the term. Students will be expected to write APA-style reports based on these projects; these courses also have a final exam. Additional activities, such as seminar presentations and discussions, are also often required.
- The *even-numbered* courses afford students the opportunity to engage in independent research. In these courses, students are responsible for researching, designing, executing, analysing, and writing up the results of a study. Students are able to explore in depth an area of psychology that interests them; these courses are also excellent preparation for an Honours thesis. Consequently, it is recommended that you take these courses in your 3RD year, prior to embarking on your Honours project.

400-level PSY courses?

- These courses are typically offered as seminar courses.
- The course material is often focussed to offer an in-depth view of an issue, or set of related issues in psychology.
- Students are expected to contribute actively to the class by participating in class discussions, preparing seminars, leading discussions, etc.
- At this level, students are expected to be relatively autonomous, and to be capable of reading, learning, and thinking independently.

2.B.2) The Five Degree Programs (3 BA and 2 BSc Programs)

One of the first decisions you need to make is “which of our five degree programs you wish to pursue?”. You may choose a BA 3-year, a 4-year, or an Honours degree, or a BSc 4-year or an Honours. The choice of which degree is best for you will depend on your future career plans and your interest level. Requirements for the five programs differ not only in terms of the number of courses required (more for the Honours than the 4-year degree, and more for 4-year than the 3-year degree), but also in terms of the types and the difficulty of the courses. Figures 1-5 outline the course requirements for each of the five programs (pages 19-24)

The BA 3-year degree is designed to offer a general sampling of psychology. Students are required to take Psychology 110, and between 24 and 36 additional credit units in psychology. Of these courses, at least 2 must be Group 1 courses (concerning the social, cultural, and environmental influences on behaviour), and 2 must be Group 2 courses (concerning the cognitive, neuropsychological, and biological influences on behaviour). There are a sufficient number of courses available to pursue an area of interest in some depth; although there is not much opportunity for taking courses at the senior level (i.e., research- and seminar-based courses).

The BA & BSc 4-year degree affords more breadth as well as more depth than the 3-year degree. In addition to Psychology 120/121, students are required to take between 30 and 54 additional credit units in psychology. Of these, at least 2 be in Group 1 courses (concerning the social, cultural, and environmental influences on behaviour), and another 2 be in Group 2 courses (concerning the cognitive, neuropsychological, and biological influences on behaviour). In addition, students are exposed to research methods and statistics, tools that are useful to many professions, and have more opportunities for courses at the senior level.

The BA & BSc Honours Degree is especially tailored for students interested in pursuing graduate studies in psychology. Of the five programs, the Honours program requires the most in terms of both breadth and depth. A total of 54 credit units (in addition to Psychology 120/121) is required; Group 1 courses (concerning the social, cultural, and environmental influences on behaviour) and Group 2 courses (concerning the cognitive, neuropsychological, and biological influences on behaviour). The emphasis is on learning to be a producer, as well as a consumer of knowledge; hence, there is a heavy emphasis on research- and seminar-based courses, with many requirements at the senior level.

The deadline to apply to the Honours Program is May 31 yearly (applications are available at the College of Arts and Science office (ARTS 265). 30 students is our maximum enrolment; the admission average is high 70's (i.e. +78%)

In addition, Honours students are expected to write an Honours thesis, in which they research, design, and analyse the results of an independently executed empirical study. This study is carried out in collaboration with a thesis supervisor, who will provide advice, direction, and resources for carrying out the study. This project is normally undertaken during the 4th and final year of the program. The thesis project involves a lot of work, so you should plan not to take a large number of demanding courses (i.e., 300-level lab classes) at the same time.

By the time you reach your 4th year, you will need to have decided on a topic, and to have made arrangements for a supervisor. Choose a topic in an area that interests you, and in which you have some experience. This is another reason we recommend taking your 300-level courses early. In addition to providing you with the knowledge and skills you will need for your thesis project, they are an excellent source of ideas for topic areas. These courses also provide you with a great opportunity to get to know some of the faculty, which may make selecting a supervisor a bit easier.

Once you have decided on a research topic, you should approach faculty members you think might be interested in supervising you. Faculty are most likely to supervise students who are interested in doing research in their own area, so it pays to do a little bit of background work. Because our faculty resources are limited, and faculty are also limited in terms of the number of students they have time to supervise, it is best to make these arrangements early. Once you decide that someone may be an appropriate supervisor, make an appointment to talk to them. You will find your professors generally very willing to talk to you (especially about their research), and the earlier you are able to get started on your project, the better.

2.B.3) BSc Programs in Psychology

Psychology students interested in graduate training in cognitive science and neuroscience will benefit from a better background in basic science. In fact, some universities' neuroscience graduate programs expect their incoming students to have a BSc, or more math and science training than our existing BA program. Those students who are interested in pursuing graduate training in these

areas are advised to contact the Psychology faculty member doing natural science research that the student is interested in, and to apply to the BSc Honours program.

BSc Four-year Psychology

No more than 6 credit units of PSY courses can be used in requirements 1-5 (see Student Program Monitor)

C1 Natural Science Requirement (minimum 15 credit units)

BIOL 120.3, BIOL 121.3, CHEM 112.3, CMPT 111.3 (or 140.3/141.3), PHYS 115.3

C2 Humanities Writing Requirement (6 credit units)

6 credit units 100-level English; 100-level HIST; LIT 100.6; PHIL 120.3, 133.3

C3 Social Science Requirement (6 credit units)

PSY 120.3, PSY 121.3

C4 Mathematics/Statistics Requirement (6 credit units)

MATH 110.3 or MATH 125.3, and one of MATH 112.3, MATH 116.3 or MATH 264.3

C5 General Requirement (6 credit units)

6 credit units to be selected from the areas of Humanities, Fine Arts, Social Sciences, or Languages, such that no more than 6 credit units in C2, C3, or C5 are from any one subject.

C6 Major Requirement (see spreadsheet below)

C7 Electives Requirement

Required Science Cognate Courses:

6 senior credit units from the following list of Recommended Science Electives. Student's should consult with their faculty supervisor when selecting their C7 requirements:

BIOC/BMSC 200.3 (Molecules of Life)

BIOL/BMSC 224.3 (Animal Body Systems) (a prerequisite for several courses in cognate course list)

BIOL 226.3 (Genes to Genomics)

BIOL 317.3 (Intro Animal Physio.)

BIOL 430.3 (Neuro.Bio. of Beh.)

CHEM 250.3 (Organic Chem.)

CHEM 255.3 (Bio. Org. Chem)

HSC 350.3 (Integ. Neurosci.)

Open Electives – courses to complete the requirements for 120 credit unit B.Sc. Four-year program, of which at least 66 must be at the 200 or higher level. Students are advised to consider the above list of Recommended Science Electives, as well as the following:

CMPT 115.3 (Principles of Comp. Sci)

CHEM 115.3 (Chem. Processes)

BSc Honours Psychology

Students must have completed at least 60 credit units before applying for admission to the B.Sc. Honours Degree Program in Psychology. Formal admission requires application for admission made on a form available at the Undergraduate Office, College of Arts and Science. Each year the department of Psychology normally admits up to 30 students into the Honours Program. These admissions are done on a competitive basis and averages below 78% (in all courses taken in Psychology (CWA PSY) would NOT normally be competitive for the program. B.Sc. Honours students should have a faculty supervisor at the time that they apply to the Honours Program. Admission to the capstone thesis project course (PSY 473.6) is by permission of the Department's Undergraduate Committee and PSY 473.6 course instructors, who assess whether the student has completed sufficient coursework.

BSc Honours students are required to complete the following requirements:

No more than 6 credit units of PSY courses can be used in requirements 1-5 (see Student Program Monitor).

C1 Natural Science Requirement (minimum 15 credit units)

BIOL 120.3, BIOL 121.3, CHEM 112.3, CMPT 111.3 (or 140.3/141.3), PHYS 115.3

C2 Humanities Writing Requirement (6 credit units)

6 credit units 100-level English; 100-level HIST; LIT 100.6; PHIL 120.3, 133.3

C3 Social Science Requirement (6 credit units)

PSY 120.3, PSY 121.3

C4 Mathematics/Statistics Requirement (6 credit units)

MATH 110.3 or MATH 125.3, and one of MATH 112.3, MATH 116.3 or MATH 264.3

C5 General Requirement (6 credit units)

6 credit units to be selected from the areas of Humanities, Fine Arts, Social Sciences, or Languages, such that no more than 6 credit units in C2, C3, or C5 are from any one subject.

C6 Major Requirement (see spreadsheet below)

C7 Electives Requirement

Required Science Cognate Courses:

BIOL 224.3/BMSC 224.3 (Animal Body Systems) (a prerequisite for several courses in cognate course list) and 3 senior credit units from the following list of Recommended Science Electives. Students should consult with their faculty supervisor when selecting their C7 requirements:

BIOC/BMSC 200.3 (Molecules of Life)

BIOL 226.3 (Genes to Genomics)

BIOL 317.3 (Intro Animal Physio.)

BIOL 430.3 (Neuro.Bio. of Beh.)

CHEM 250.3 (Organic Chem.)

CHEM 255.3 (Bio. Org. Chem)

HSC 350.3 (Integ. Neurosci.)

Open Electives – courses to complete the requirements for 120 credit unit B.Sc. Honours program, of which at least 66 must be at the 200 or higher level. Students are advised to consider the above list of Recommended Science Electives, as well as the following:

CMPT 115.3 (Principles of Comp. Sci)

CHEM 115.3 (Chem. Processes)

The Department recommends the following course sequence for BSc Honours students:

Year 1

PSY 120.3+121.3, ENG 110.6, BIOL 120.3, BIOL 121.3, CHEM 112.3, PHYS 115.3, MATH 110.3 or MATH 125.3, CMPT 111.3 (or 140.3/141.3)

Year 2

PSY 233.3, PSY 234.3, PSY 235.3, 6 credit units PSY Group 1 (Social Science) courses at the 200 level, 6 credit units PSY Group 2 (Natural Science) courses at the 200 level, MATH 264.3, 6 credit units to fulfill C5 General Requirement.

Year 3

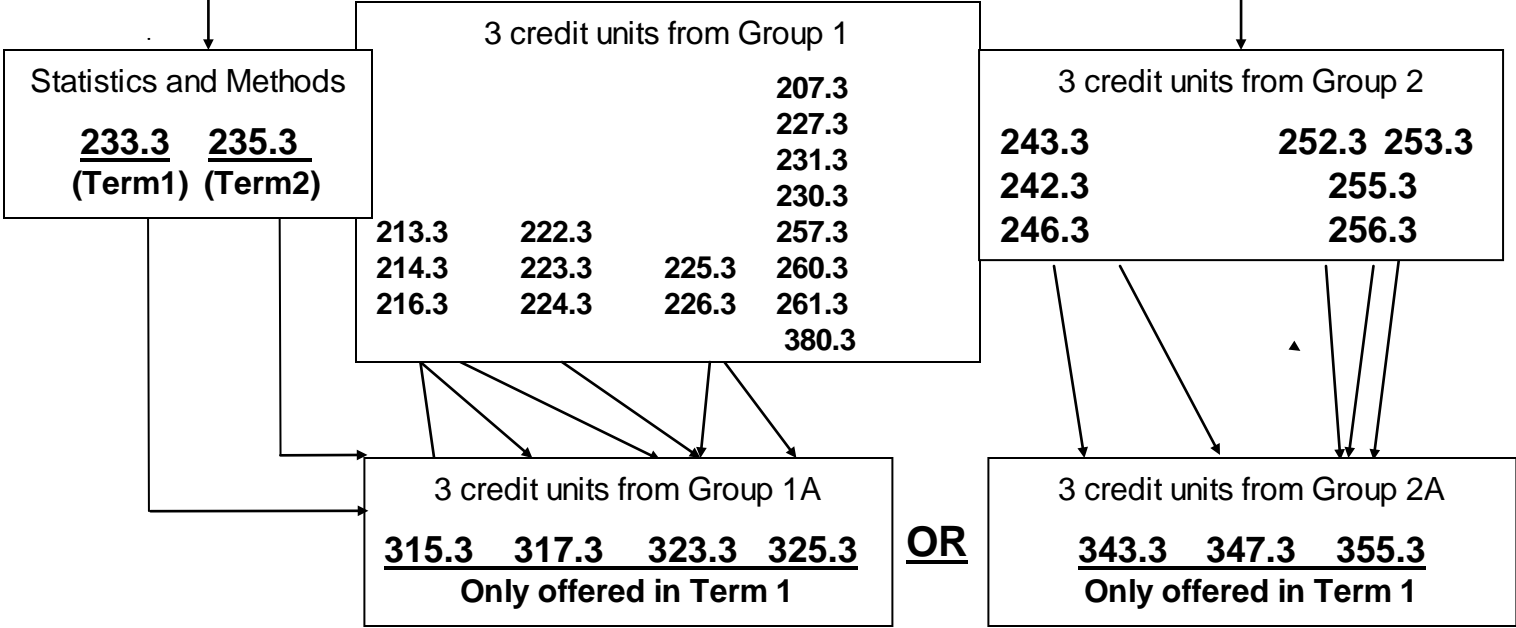
6 credit units PSY Group 2 (Natural Science) courses at the 300 A level, 3 credit units PSY Group 2 (Natural Science) courses at the 300 B level, 6 credit units senior cognate science courses (in consultation with faculty supervisor, see Recommended Science Electives above), 6 credit units of PSY Group 1 (Social Science) courses at the 200 level, 3 credit units of any PSY course at the 200 level or higher, 6 credit units towards C7 Electives Requirement.

Year 4

PSY 473.6, 6 credit units PSY Group 2 (Natural Science) courses at the 400 level, 9 credit units to fulfill C7 Electives Requirement, 6 credit units PSY Group 2 (Natural Science) courses at the 200 level or higher, 3 credit units of any PSY courses at the 200 level or higher.

BA (3 Year) Psychology

Introductory Psychology
120.3+121.3



A further 9 credit units of Psychology courses required

12 credit units of additional Psychology courses may be taken

Arrows indicate prerequisites for subsequent courses.

90 credit units of courses are required for the degree.
30 credit units of Psychology courses are required (up to 42 cu permitted).
48 credit units of courses outside of Psychology are required including B1 to B5 distribution requirements

BA (4 Year) Psychology

Introductory Psychology

120.3+121.3

6 credit units from Group 1

Statistics and Methods

233.3 234.3 235.3
(Term1) (Term 2)

207.3

227.3

231.3

230.3

257.3

260.3

261.3

380.3

6 credit units from Group 2

242.3

252.3 253.3

243.3

255.3

246.3

256.3

*Group 2A

343.3 347.3 355.3
(Only offered in Term 1)

*Group 1A

315.3 317.3 323.3 325.3
(Only offered in Term 1)

*Group 1B

316.3 318.3 324.3 326.3
(Only offered in Term 2) **328.3**

*Group 2B

344.3 348.3 356.3
(Only offered in Term 2)

*CHOOSE:
6 cu from
300-level
Group
1A/1B/2A/2B

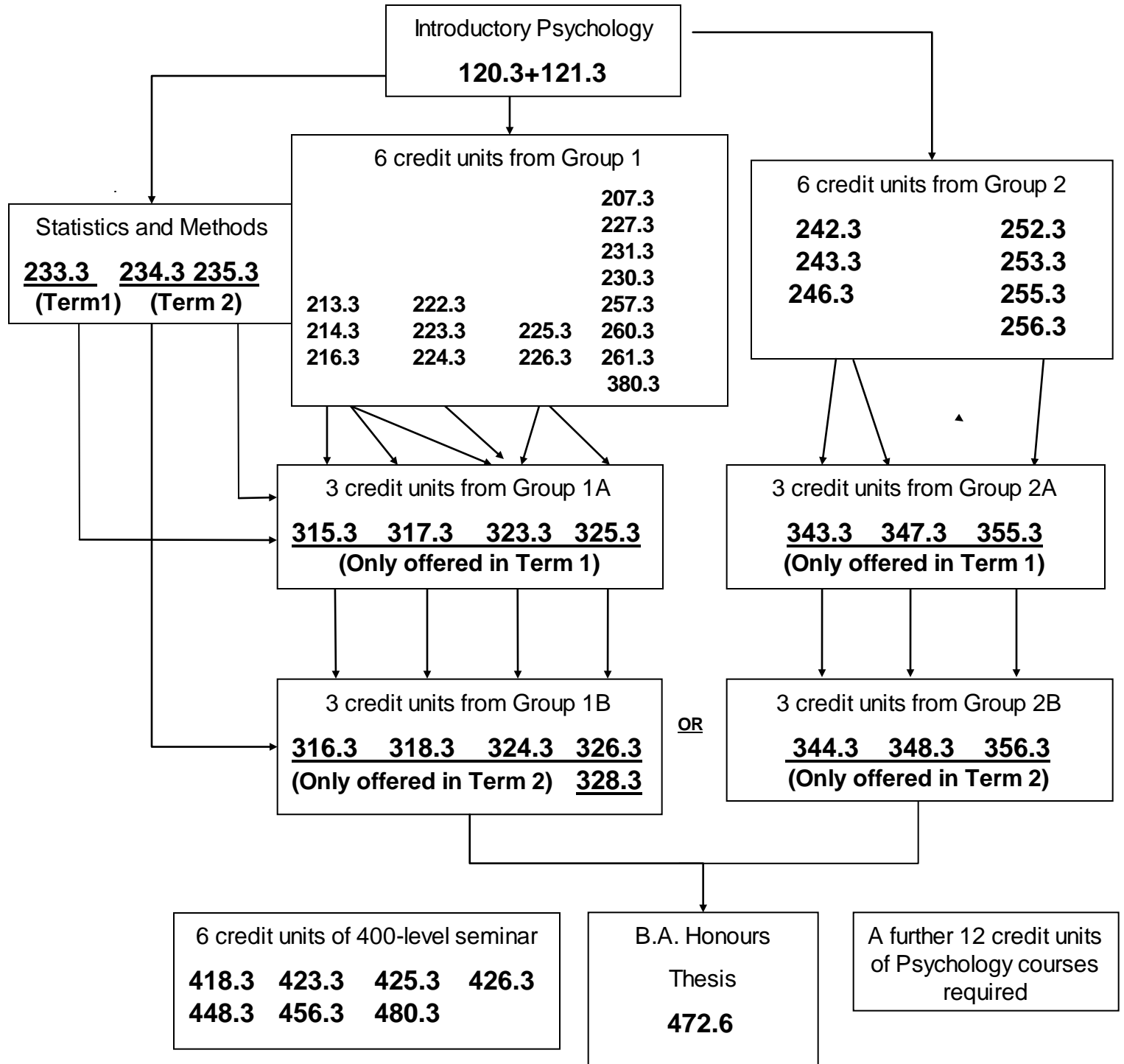
A further 3 credit units
of Psychology courses
required

24 credit units of additional
Psychology courses may be taken

Arrows indicate prerequisites for subsequent courses.

120 credit units of courses are required for the degree.
36 credit units of Psychology courses are required (up to 60 cu permitted).
60 credit units of courses outside of Psychology are required
Including B1 to B5 distribution requirements

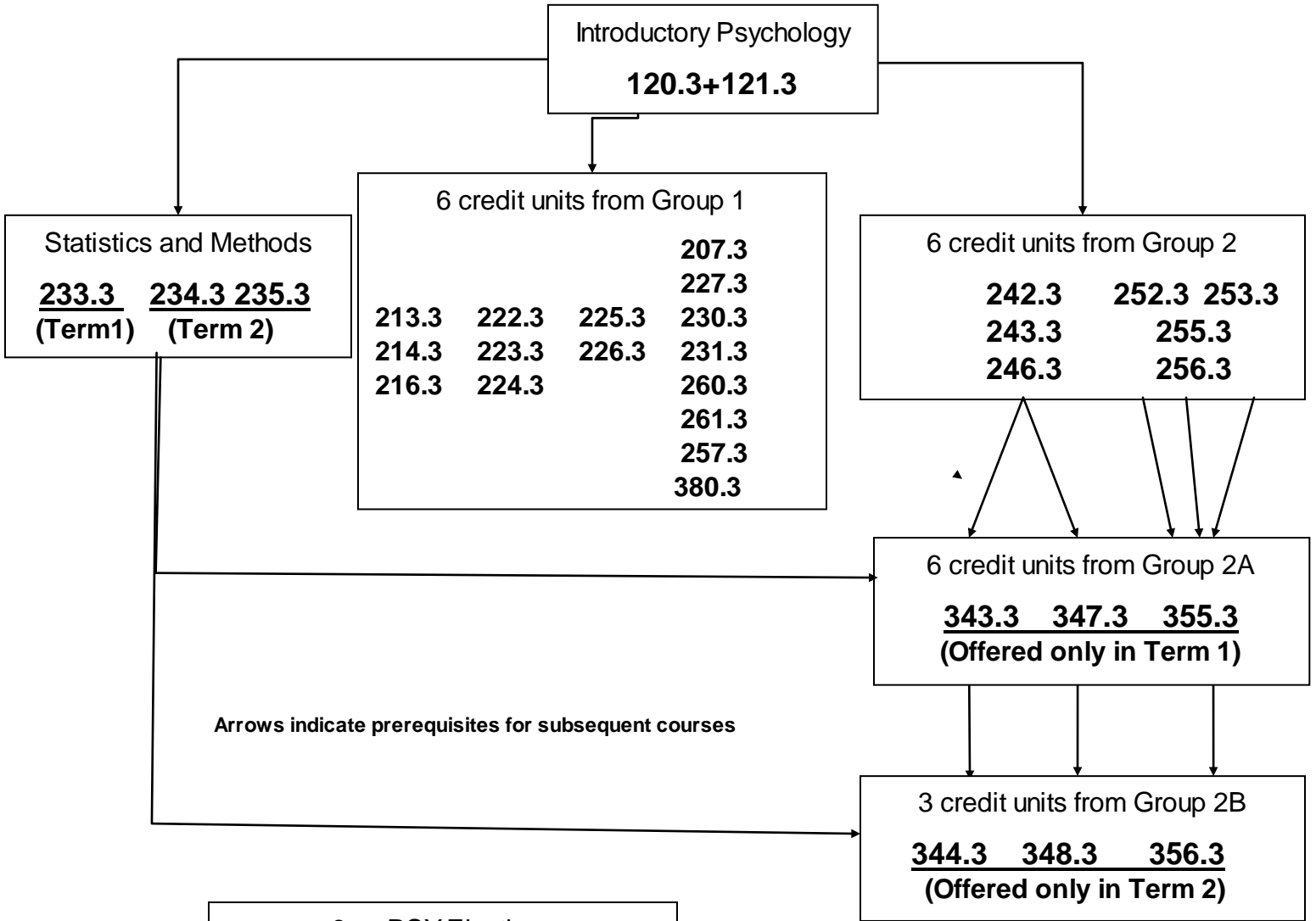
BA (Honours) Psychology



Arrows indicate prerequisites for subsequent courses.

120 credit units of courses are required for the degree. 60 credit units of Psychology courses are required. 60 credit units of courses outside of Psychology are required. Including B1 to B5 distribution requirements

BSc (4 Year) Psychology



Arrows indicate prerequisites for subsequent courses

6 cu PSY Electives
(200, 300 or 400 level)

6 cu PSY Electives from Group 2
(200, 300 or 400 level)

120 credit units of courses are required for the degree.

48 credit units of Psychology courses are required.

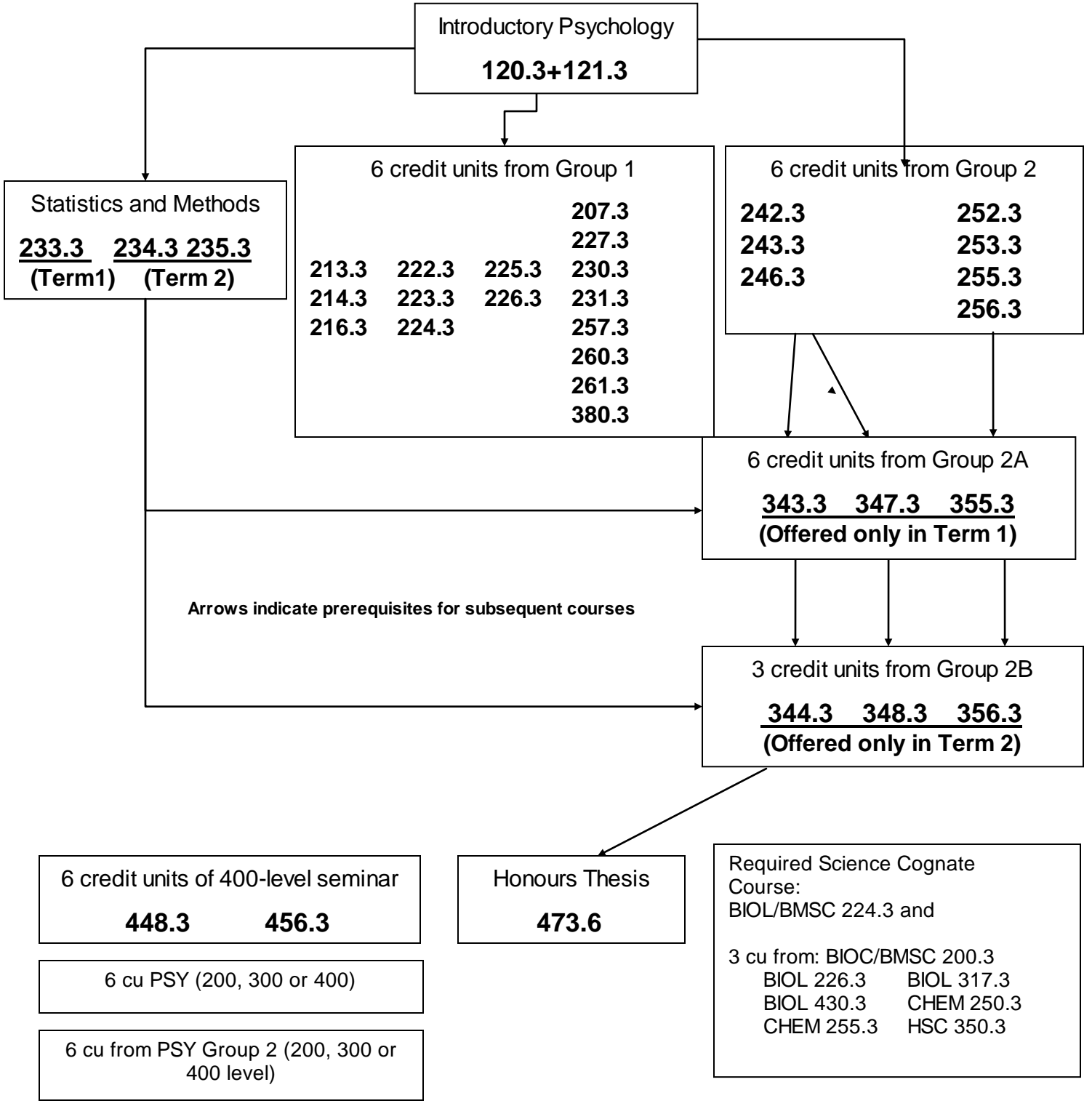
60 credit units of courses outside of Psychology are required, including C1 to C5 Distribution Requirements

12 credit units of additional Psychology courses may be taken

Students must complete 6 cu of the following

BIOL/BMSC 224.3	
BIOC/BMSC 200.3	
BIOL 226.3	BIOL 317.3
BIOL 430.3	CHEM 250.3
CHEM 255.3	HSC 350.3

B.Sc (Honours) Psychology



120 credit units of courses are required for the degree. 60 credit units of Psychology courses are required. 60 credit units of courses outside of Psychology are required, including C1 to C5 distribution requirements.

3. Advice from Students (Words of Wisdom)

Talk to Your Professors

Professors are an important part of your university experience. Feeling comfortable with your professors allows you to communicate any difficulties that you may have in their class. This can lead to improved academic success and increased enjoyment of the material.

Get Involved In Research

Research is an important part of the psychology undergraduate experience, especially if you plan to continue your studies into graduate school. Not only does it increase your knowledge of psychology, but you will be able to see the theoretical knowledge that you learn in class be demonstrated in applied settings.

These accomplishments look quite impressive when applying for scholarships and for graduate school.

Get Involved...

Besides joining research teams, there are benefits to volunteering with other organizations. Any volunteer experience will contribute to your curriculum vitae (academic resume) and graduate school applications.

The Saskatoon Psychology Students' Society (SPSS) is a great academic and social organization that provides support and entertainment as well as resources for the undergraduate student body. There are two ways to get involved with this organization. First, students can become members of the SPSS. This entitles students to academic resources, such as the PSY exam file, APA manuals, textbooks, GRE prep and graduate school advice. Also, many events are organized throughout the year especially for members, such as pub crawls, steak nights, and a graduation banquet at the end of the year, which are great ways to meet people. Therefore, not only is the SPSS a great academic organization, but it is also a social organization. The second way to be involved with the SPSS is to become an executive member. There are seven positions: President, Vice President, Treasurer, Academic Affairs Executive, Social Director, Fund-Raising and Graduation Executive, Communications and Administration Executive, and Merchandising Executive. The executive is involved in planning all the events of the year. It is not only an exciting and fun society to be involved with, but being an executive member also looks great on your resume (or curriculum vitae). Whether you're a member or an executive member, there are many benefits, both academic and social, to being involved with the society.

"Always ask, especially when not sure." - 5th year student

"Plan ahead! – look at what classes you want to take in your later years and work backwards." – 4th year student

"If you want to go to grad school, start planning early." - 4th year student

"Find out what it takes [to get into grad school] and if you don't have what it takes look at other options". - 4th year student

"Join the SPSS!" - 4th year student

"Don't base your opinion of psychology on PSY 120+121." - 4th year student.

"Get to know your professors; they can be cool." - 4th year student

"Don't underestimate the power of advising!" - 4th year student

"The lab classes require a lot of work, but are much more interesting and practical than first and second year classes." - 3rd year student

"Save the text books from your second year classes for your lab class. Most lab classes don't require a text, and old texts serve as useful references." - 4th year student